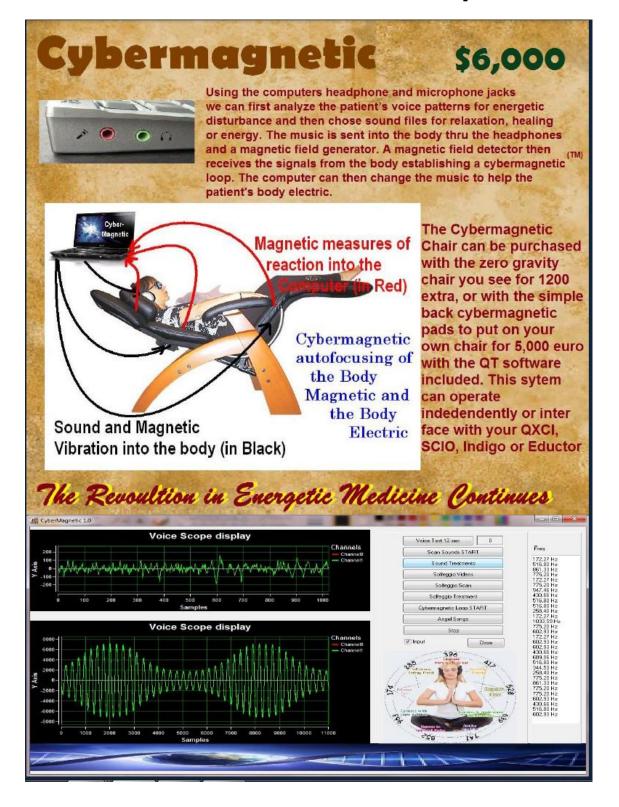
Magnetic Healing energy sent in and measured response to make a Cybernetic Loop or in this case a CYBERMAGNETIC Loop







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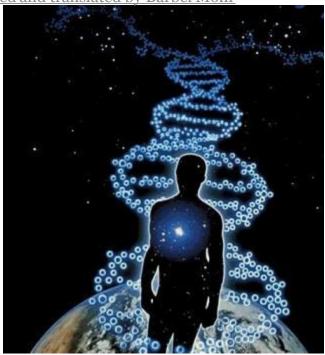
Scientists Prove DNA Can Be Reprogrammed by Words and

<u>Frequencies</u> — the Power of Hyper-<u>Communication</u>

Posted on July 17, 2012by SevenSuns TaiChi

by Grazyna Fosar and Franz Bludorf

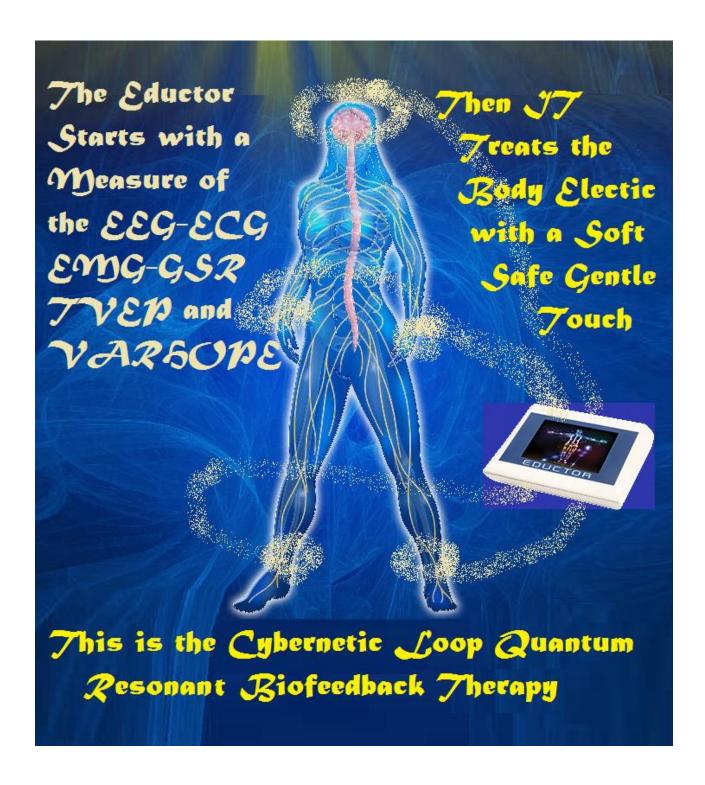
Compiled, summarized and translated by Bärbel Mohr



THE HUMAN DNA IS A BIOLOGICAL INTERNET and superior in many aspects to the artificial one. Russian scientific research directly or indirectly explains phenomena such as clairvoyance, intuition, spontaneous and remote acts of healing, self-healing, affirmation techniques, unusual light/auras around people (namely spiritual masters), mind's influence on weather patterns and much more. In addition, there is evidence for a whole new type of medicine in which DNA can be influenced and reprogrammed by words and frequencies without cutting out and replacing single genes.

Only 10% of our DNA is being used for building proteins. It is this subset of DNA that is of interest to western researchers and is being examined and categorized. The other 90% are considered "junk DNA." The Russian researchers, however, convinced that nature was not dumb, joined linguists and geneticists in a venture to explore those 90%

of "junk DNA." Their results, findings and conclusions are simply revolutionary! According to them, our DNA is not only responsible for the construction of our body but also serves as data storage and in communication. The Russian linguists

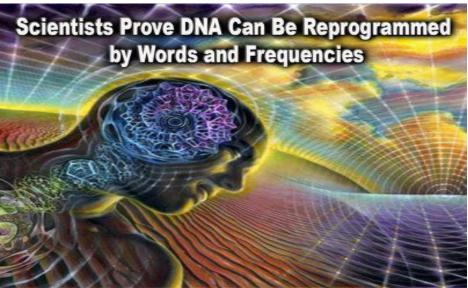


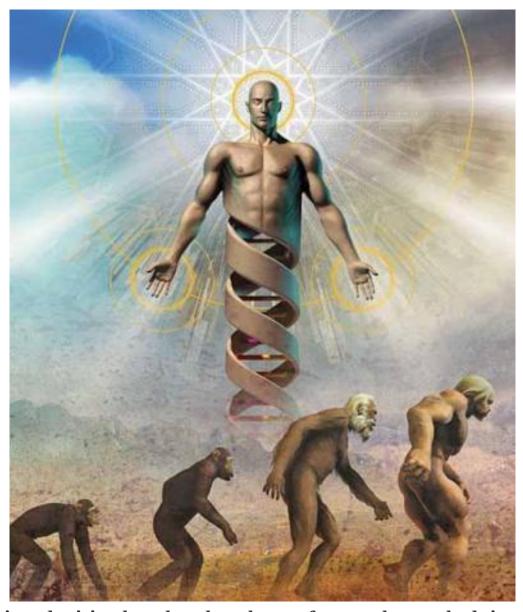
found that the genetic code, especially in the apparently useless 90%, follows the same rules as all our human languages. To this end they compared the rules of syntax (the way in which words are put together to form phrases and sentences), semantics (the study of meaning in language forms) and the basic rules of grammar. They found that the alkalines of our DNA follow a regular grammar and do have set rules just like our languages. So human languages did not appear coincidentally but are a reflection of our inherent DNA. The Russian biophysicist and molecular biologist Pjotr Garjajev and his colleagues also explored the vibrational behavior of the DNA. [For the sake of brevity I will give only a summary here. For further exploration please refer to the appendix at the end of this article.] The bottom line was: "Living chromosomes function just like solitonic/holographic computers using the endogenous DNA laser radiation." **This** means that they managed, for example, to modulate certain frequency patterns onto a laser ray and with it influenced the DNA frequency and thus the genetic information itself. Since the basic structure of DNA-alkaline pairs and of language (as explained earlier) are of the same structure, no DNA decoding is necessary.



One can simply use words and sentences of the human language! This, too, was experimentally proven! Living DNA substance (in living tissue, not in vitro) will always react to language-modulated laser rays and even to radio waves, if the *proper* frequencies are being used.

This finally and scientifically explains why affirmations, autogenous training, hypnosis and the like can have such strong effects on humans and their bodies. It is entirely normal and natural for our DNA to react to language. While western researchers cut single genes from the DNA strands and insert them elsewhere, the Russians enthusiastically worked on devices that can influence the cellular metabolism through suitable modulated radio and light frequencies and thus repair genetic defects. Garjajev's research group succeeded in proving that with this method chromosomes damaged by x-rays for example can be repaired. They even captured information patterns of a particular DNA and transmitted it onto another, thus reprogramming cells to another genome. So they successfully transformed, for example, frog embryos to salamander embryos simply by transmitting the DNA **information patterns!** This way the entire information was transmitted without any of the side effects or disharmonies encountered when cutting out and re-introducing single genes from the DNA. This represents an unbelievable, world-transforming revolution and sensation! All this by simply applying vibration and language instead of the archaic cutting-out procedure! This experiment points to the immense power of wave genetics, which obviously has a greater influence on the formation of organisms than the biochemical processes of alkaline sequences.





Esoteric and spiritual teachers have known for ages that our body is programmable by language, words and thought. This has now been scientifically proven and explained. Of course the frequency has to be correct. And this is why not everybody is equally successful or can do it with always the same strength. The individual person must work on the *inner processes* and maturity in order to establish a conscious communication with the DNA. The Russian researchers work on a method that is not dependent on these factors but will *always* work, provided one uses the correct frequency.

But the higher developed an individual's consciousness is, the less need is there for any type of device! One can achieve these results by oneself, and science will finally stop to laugh at such ideas and will confirm and explain the results. And it doesn't end there. The Russian scientists also found out that our DNA can cause disturbing patterns in the vacuum, thus producing magnetized <u>wormholes</u>! Wormholes are the microscopic equivalents of the so-called Einstein-Rosen bridges in the vicinity of black holes (*left by burned-out stars — in so far as we know*). These are tunnel connections between entirely different areas in the universe through which information can be transmitted outside of space and time. The DNA attracts these bits of information and passes them on to our consciousness. **This process of hyper-communication is most effective in a state of relaxation.** Stress, worries or a hyperactive intellect prevent successful hyper-communication or the information will be totally distorted and useless.

In nature, hyper-communication has been successfully applied for millions of years. The organized flow of life in insect states proves this dramatically. Modern man knows it only on a much more subtle level as "intuition." But we, too, can regain full use of it. An example from Nature: When a queen ant is spatially separated from her colony, building still continues fervently and according to plan. If the queen is killed, however, all work in the colony stops. No ant knows what to do. Apparently the queen sends the "building plans" also from far away via the group consciousness of her subjects. She can be as far away as she wants, as long as she is alive. In man, hypercommunication is most often encountered when one suddenly gains access to information that is outside one's knowledge base. Such hypercommunication is then experienced as inspiration or intuition. The Italian composer Giuseppe Tartini for instance dreamt one night that a devil sat at his bedside playing the violin. The next morning Tartini was able to note down the piece exactly from memory, he called it the Devil's Trill Sonata.



For years, a 42-year old male nurse dreamt of a situation in which he was hooked up to a kind of knowledge CD-ROM. Verifiable knowledge from all imaginable fields was then transmitted to him that he was able to recall in the morning. There was such a flood of information that it seemed a whole encyclopedia was transmitted at night. The majority of facts were outside his personal knowledge base and reached technical details about which he knew absolutely nothing.

When hyper-communication occurs, one can observe in the DNA as well as in the human being special phenomena. The Russian scientists irradiated DNA samples with laser light. On screen a typical wave pattern was formed. When they removed the DNA sample, the wave pattern did not disappear, it remained. Many control experiments showed that the pattern still came from the removed sample, whose energy field apparently remained by itself. This effect is now called <u>phantom DNA effect</u>. It is surmised that energy from outside of space and time still flows through the activated wormholes after the DNA was removed. The side-effect encountered most often in hyper-communication also in human beings are inexplicable electromagnetic fields in the vicinity of the persons **concerned.** Electronic devices like CD players and the like can be irritated and cease to function for hours. When the electromagnetic field slowly dissipates, the devices function normally again. Many healers and psychics know this effect from their work. The better the atmosphere and the energy, the more frustrating it is that the recording device stops functioning and recording exactly at that moment. And repeated switching on and off after the session does not restore function yet, but next morning all is back to normal. Perhaps this is reassuring to read for many, as it has nothing to do with them being technically inept, it means they are good at hyper-communication. In their book "Vernetzte Intelligenz" (translation: "Networked Intelligence"), Grazyna Gosar and Franz Bludorf explain these connections precisely and clearly. The authors also quote sources presuming that in earlier times humanity had been, just like the animals, very strongly connected to the group consciousness and acted as a group. **To** develop and experience individuality we humans however had to forget hyper-communication almost completely. Now that we are fairly stable in our individual consciousness, we can create a new form of group consciousness, namely one, in which we attain access to all information via our DNA without being forced or remotely controlled about what to do with that information. We now know that just as on the internet our DNA can feed its proper data into the network — it can call up data from the network and can establish contact with other participants in the network. Remote

healing, telepathy or "remote sensing" about the state of relatives etc. can thus be explained. Some animals know also from afar when their owners plan to return home. That can be freshly interpreted and explained via the concepts of group consciousness and hyper-communication. Any collective consciousness cannot be sensibly used over any period of time without a distinctive individuality. *Otherwise we would revert to a primitive herd instinct that is easily manipulated.*Hyper-communication in the new millennium means something quite different: Researchers think that if humans with full individuality would regain group consciousness, they would have a god-like power to create, alter and shape things on Earth! AND humanity is collectively moving toward such a group consciousness of the new kind. Fifty percent of today's children will be problem children as soon as the go to school. The system lumps everyone together and demands adjustment. But the individuality of today's children is so strong that that they refuse this adjustment and giving up their idiosyncrasies in the most diverse ways.

At the same time more and more clairvoyant children are born [see the book "China's Indigo Children" by Paul Dong or the chapter about Indigos in my book "Nutze die taeglichen Wunder" (Make Use of the Daily Wonders)]. Something in those children is striving more and more towards the group consciousness of the new kind, and it will no longer be suppressed. As a rule, weather for example is rather difficult to influence by a single individual. But it may be influenced by a group consciousness (nothing new to some tribes doing it in their rain dances). Weather is strongly influenced by Earth resonance frequencies, the so-called Schumann frequencies. But those same frequencies are also produced in our brains, and when many people synchronize their thinking or individuals (spiritual masters, for instance) focus their thoughts in a laser-like fashion, then it is, scientifically speaking, not at all surprising if they can thus influence weather.

Researchers in group consciousness have formulated the theory of Type I civilizations. A humanity that developed a group consciousness of the new kind would have neither environmental problems nor scarcity of energy. For if it were to use its mental power as a unified civilization, it would have control of the energies of its home planet as a natural consequence. And that includes all natural catastrophes! A theoretical Type II civilization would even be able to control all energies of their home galaxy. In my book "*Nutze die taeglichen Wunder*," I have described an example of this: Whenever a great many people focus their attention or consciousness on something similar like Christmas time, football world championship or the funeral of

Lady Diana in England then certain random number generators in computers start to deliver ordered numbers instead of the random ones. An ordered group consciousness creates order in its whole surroundings!

When a great number of people get together very closely, potentials of violence also dissolve. It looks as if here, too, a kind of humanitarian consciousness of all humanity is

created. (See: The Global Consciousness Project)



© Cameron Gray: "Awake Could Be So Beautiful"

To come back to the DNA: It apparently is also an organic superconductor that can work at normal body temperature. Artificial superconductors require extremely low temperatures of between 200 and 140°C to function. As one recently learned, all superconductors are able to store light and thus information. This is a further explanation of how the DNA can store information. There is another phenomenon linked to DNA and wormholes. Normally, these super-small wormholes are highly unstable and are maintained only for the tiniest fractions of a second. Under certain conditions stable wormholes can organize themselves which then form distinctive vacuum domains in which, for example, gravity can transform into electricity.



A vacuum domain sighting at Huish Hill, Wiltshire, UK, Witnessed and filmed by Ed Sherwood, July 23, 2001, Video Still © 2001 Ed Sherwood/Millennium Research.

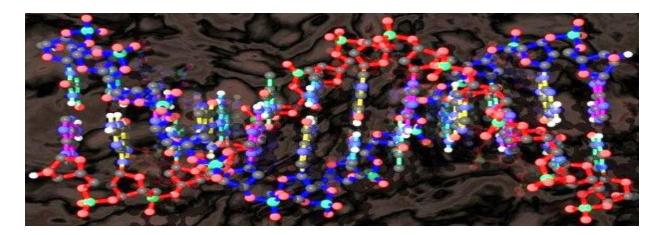
Vacuum domains are self-radiant balls of ionized gas that contain considerable amounts of energy. There are regions in Russia where such radiant balls appear very often. Following the ensuing confusion the Russians started massive research programs leading finally to some of the discoveries mentions above. Many people know vacuum domains as shiny balls in the sky. The attentive look at them in wonder and ask themselves, what they could be. I thought once: "Hello up there. If you happen to be a UFO, fly in a triangle." And suddenly, the light balls moved in a triangle. Or they shot across the sky like ice hockey pucks. They accelerated from zero to crazy speeds while sliding gently across the sky. One is left gawking and I have, as many others, too, thought them to be UFOs. Friendly ones, apparently, as they flew in triangles just to please me. Now the Russians found in the regions, where vacuum domains appear often that sometimes fly as balls of light from the ground upwards into the sky, that these balls can be guided by thought. One has found out since that vacuum domains emit waves of low-frequency as they are also produced in our brains.

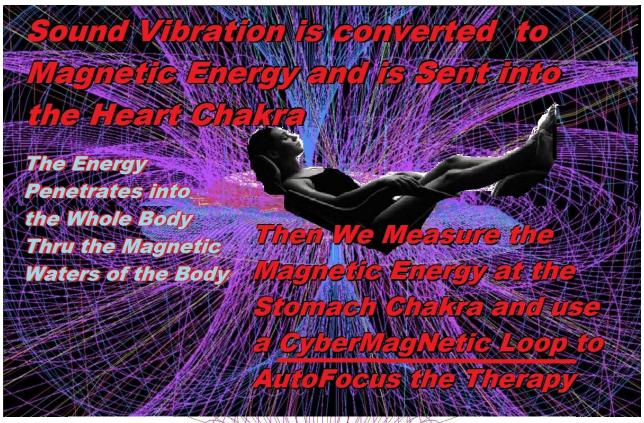
And because of this similarity of waves they are able to react to our thoughts. To run excitedly into one that is on ground level might not be such a great idea, because those balls of light can contain immense energies and are able to mutate our genes. They can, they don't necessarily have to, one has to say. For many spiritual teachers also produce such visible balls or columns of light in deep meditation or during energy work which trigger decidedly pleasant feelings and do not cause any harm. Apparently this is also dependent on some inner order and on the quality and provenance of the vacuum

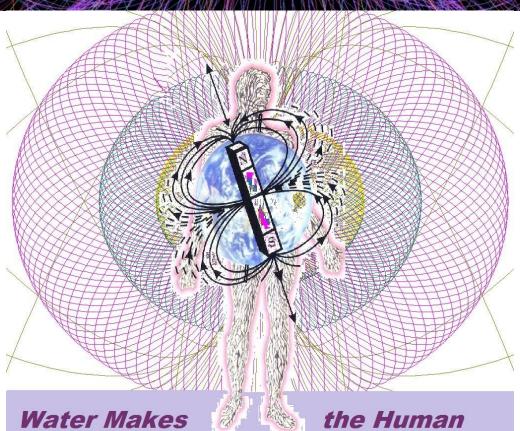
domain. There are some spiritual teachers with whom nothing is seen at first, but when one tries to take a photograph while they sit and speak or meditate in hyper communication, one gets only a picture of a white cloud on a chair. In some Earth healing projects such light effects also appear on photographs. Simply put, these phenomena have to do with gravity and anti-gravity forces that are also exactly described in the book and with ever more stable wormholes and hyper-communication and thus with energies from outside our time and space structure.

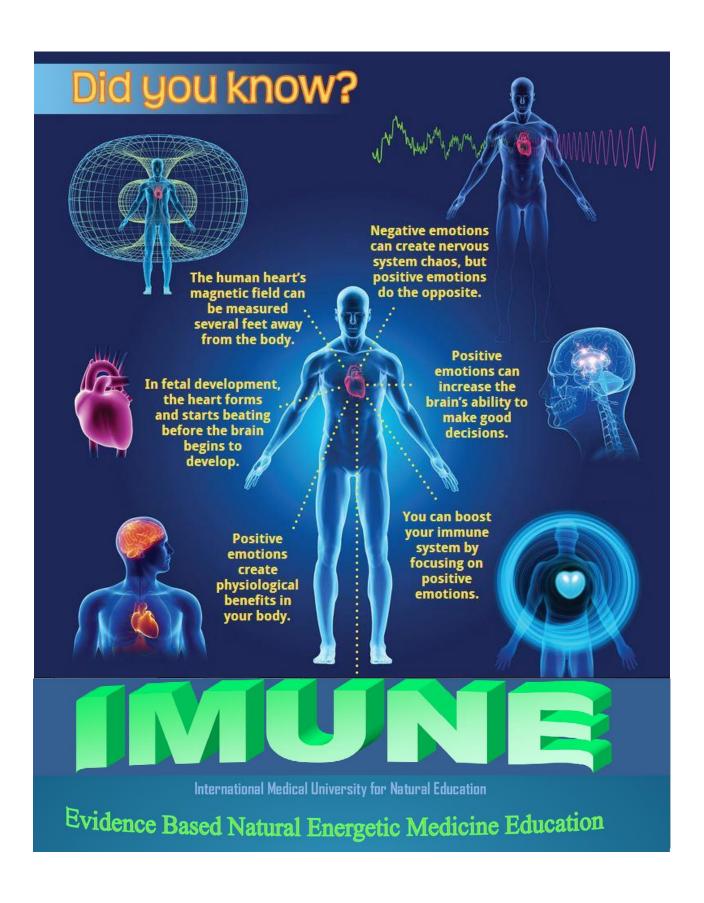
Earlier generations that got in contact with such hyper-communication experiences and visible vacuum domains were convinced that an angel had appeared before them. And we cannot be too sure to what forms of consciousness we can get access when using hyper-communication. Not having scientific proof for their actual existence (people having had such experiences do NOT all suffer from hallucinations) does not mean that there is no metaphysical background to it. We have simply made another giant step towards understanding our reality.

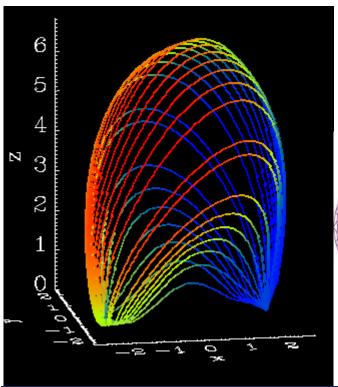
Official science also knows of gravity anomalies on Earth (that contribute to the formation of vacuum domains), but only of ones of below one percent. But recently, gravity anomalies have been found of between three and four percent. One of these places is Rocca di Papa, south of Rome (exact location in the book "Vernetzte Intelligenz" plus several others). Round objects of all kinds, from balls to full buses, roll uphill. But the stretch in Rocca di Papa is rather short, and defying logic sceptics still flee to the theory of optical illusion (which it cannot be due to several features of the location).

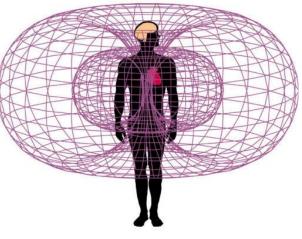






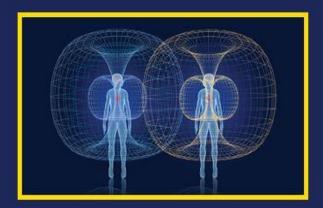






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Did you know?



Your heart emits an electromagnetic field that changes according to your emotions.

Others can pick up the quality of your emotions through the electromagnetic energy radiating from your heart.

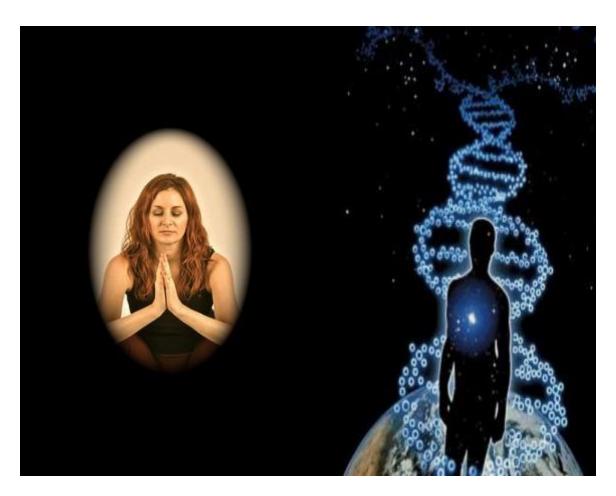
Heart-Brain Factoids

- The heart has a system of neurons that have both shortand long-term memory, and the signals they send to the brain can affect our emotional experiences.
- The heart sends more information to the brain than the brain sends to the heart.
- Coherent heart rhythms help the brain in creativity and innovative problem-solving.



May 2, 2013 | 6:26 AM | Rachel Zimmerman

Say 'Om': Researchers Find Gene Action Altered After Relaxation Practice



It's widely accepted that yoga, meditation and other practices that involve conscious relaxation can reduce stress and enhance a person's general well-being. But for many, notions of "mindfulness" and "wellness" still come off as a tad New Age-y and amorphous.

So here, for skeptics, is a molecular-level reality check: Researchers at Massachusetts General



USE A SIGNAL SPLITTER TO SEND SOUND TO THE CYBERMAGNATIC CHAIR AND TO THE HEADPHONES



deep rest attained through breathing, meditation, yoga and other practices — triggers changes in gene expression that can affect the body's immune function, energy metabolism and insulin secretion. The new research — the first to look at rapid, gene-level changes following the relaxation practice — is published in the journal PLOS ONE.

Herbert Benson, a senior author of the new study, first described the "relaxation response" — what he calls the physiologic opposite of fight-or-flight — nearly 40 years ago. He's now the director emeritus of the **Benson-Henry Insitute for Mind-Body Medicine** at MGH, where the technique is used to help patients manage a wide variety of medical conditions from anxiety and chronic pain to cancer.

Benson says the new research should give a credibility boost to his endeavors (which, by the way, non-Westerners have been practicing in various forms for thousands of years). "There's now a scientific basis for these mind-body approaches that work," Benson said. "For the mainstream, every little bit of evidence helps."

Benson's collaborator, Towia Libermann, PhD, director of the Beth Israel Deaconess Medical Center (BIDMC) Genomics, Proteomics, Bioinformatics and Systems Biology Center and co-senior author of the study, says the evidence clearly links the relaxation response to rapid changes in gene expression. "There is a relatively small subset of biological pathways affected by relaxation response," he said. For instance, a pathway involved in immune disturbances and inflammation was repressed after the relaxation technique while another set of pathways involved in mitochondrial function and energy production were enhanced.

The study involved 52 people — 26 were long-time practitioners of the relaxation response, 26 had never done it, but were trained in the technique. The subjects had blood drawn before, immediately after they practiced, and 15 minutes later, and then researchers used advanced gene expression profiling and systems biology analysis to determine any changes in gene expression. These changes, Libermann said, occurred in both groups but were more pronounced among the long-time relaxers.

Libermann, who has been working with Benson for 10 years, says he was drawn to this research "to convince myself that there's really something going on here, and it's not just a placebo effect." Now, he says: "I'm pretty convinced." He and Benson are currently investigating whether the relaxation response triggers molecular-level changes in people with hypertension, inflammatory bowel disease, irritable bowel syndrome, and other diseases.

Here's more from MGH:

In 2008, Benson and Libermann led a study finding that long-term practice of the relaxation response changed the expression of genes involved with the body's response to stress. The current study examined changes produced during a single session of relaxation response practice, as well as those taking place over longer periods of time.

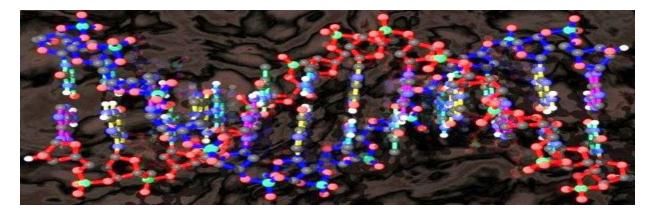
The study enrolled a group of 26 healthy adults with no experience in relaxation response practice, who then completed an 8-week relaxation response training course. Prior to starting their training, the participants went through what was essentially a control group session – blood samples were taken before and immediately after they listened to a 20-minute health education CD and again 15 minutes later. After completing the training course, a similar set of blood tests was taken before and after participants listened to a 20-minute CD used to elicit the relaxation response as part of daily practice.

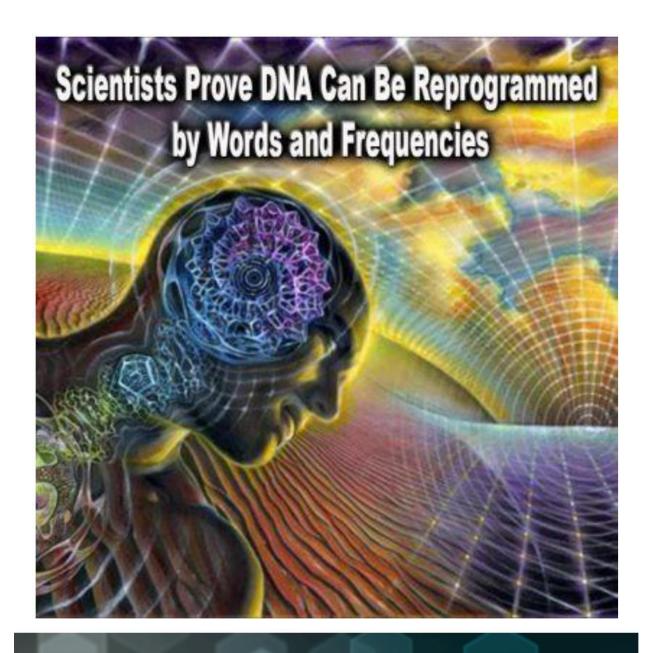
The sets of blood tests taken before the training program were designated "novice," and those taken after training completion were categorized as from "short-term practitioners." For further comparison a similar set of blood samples was taken from a group of 25 individuals with 4 to 25 years experience regularly eliciting the relaxation response through many different techniques before and after they listened to the same relaxation response CD. Blood samples from all participants were analyzed to determine the expression of more than 22,000 genes at the different time points.

The results revealed significant changes in the expression of several important groups of genes between the novice samples and those from both the short- and long-term sets, with even more pronounced changes in the long-term practitioners. A systems biology analysis of known interactions among the proteins produced by the affected genes revealed that pathways involved with energy metabolism, particularly the function of mitochondria, were up regulated during the relaxation response. Pathways controlled by activation of a protein called NF-kB – known to have a prominent role in inflammation, stress, trauma and cancer – were suppressed after relaxation response elicitation. The expression of genes involved in insulin pathways was also significantly altered.

Benson says it's important to recognize that "health and well-being is more than drugs and surgeries. It's like a three-legged stool, drugs, surgery and self-care. People are recognizing the importance of nutrition and exercise, but the whole mind-body connection — people haven't grasped that enough."

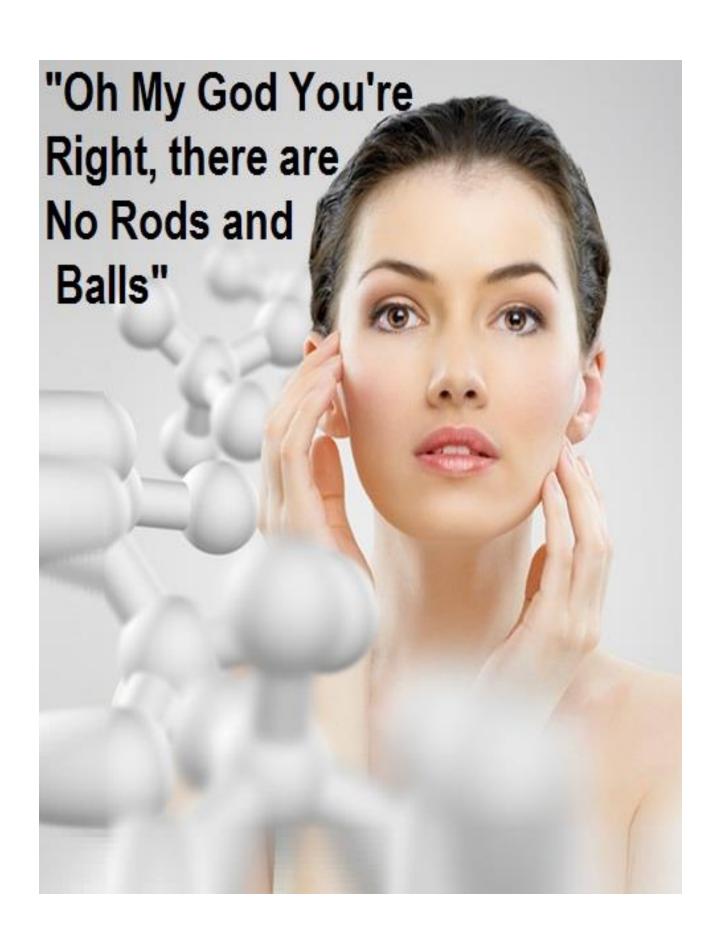
Moreover, he says, the relaxation technique he's advocating is so very simple and "cheap." "It's just 10 to 20 minutes once or twice a day," says Benson, who still does it himself, every day.





Discover Your Powerful Spiritual Abilities & Gifts When You Activate Your DNA Experience The

Profound Transformation and Deep Healing of Your Mind, Body and Spirit



528 Hz Frequency and Your DNA

Your DNA is not set in stone. It can be transformed.

According to Dr Leonard Horowitz, the 528 Hz frequency has the ability to heal damaged DNA. At the time I am writing this, there is not enough independent scientific research available on the subject. What we know for sure is that Dr. Horowitz learned the theory that 528 Hz frequency repairs damaged DNA from Dr. Lee Lorenzen, PhD, who is using the 528 Hertz frequency to create clustered water.

Clustered water is broken down in small stable rings or clusters. Our DNA have membranes that allow water to flow through and clear impurities. Because clustered water is smaller than bound water, it flows more easily through cell membranes and is more efficient in removing those impurities. The larger, bound water does not flow easily through cell membranes, and therefore the impurities remain and can eventually result in illness.

Richard J Saykally from UC Berkeley has explained that the structure of the water molecule gives it special properties and is essential for DNA's function. Adequately hydrated DNA hold far

greater energy potentials than dehydrated strands. Prof. Saykally and other genetics from the University of California, Berkeley have proven that a slight reduction of energized water bathing genetic matrices causes DNA to fail energetically. Lee Lorenzen and other investigators discovered that six-sided, crystal-shaped, hexagonal clustered water molecules form the supportive matrix of healthy DNA. He suggests that the depletion of this matrix is a fundamental process that negatively affects virtually every physiological function. Biochemist Steve Chemiski says the 6-sided clear clusters that support the DNA double helix vibrate at a specific resonant frequency - 528 cycles per second.

Of course, all these experiments do not mean that 528 Hz repairs DNA in a direct way. However, if the 528 Hertz may cause water to become clustered, then it can help to remove impurities allowing your body to become and remain healthy and balanced.

How music and 528 Hz affects DNA

Sound and vibrations can activate your DNA

In 1998 Dr. Glen Rein of the Quantum Biology Research Lab in New York performed experiments with in vitro DNA. Four styles of music, including Sanskrit and Gregorian chants that utilize the 528 Hz DNA repair frequency, were converted to scalar

audio waves and played via a CD player to test tubes containing in vitro DNA. The effects of the music were determined by measuring the DNA test tube samples' absorption of UV light after an hour of exposure to the music.

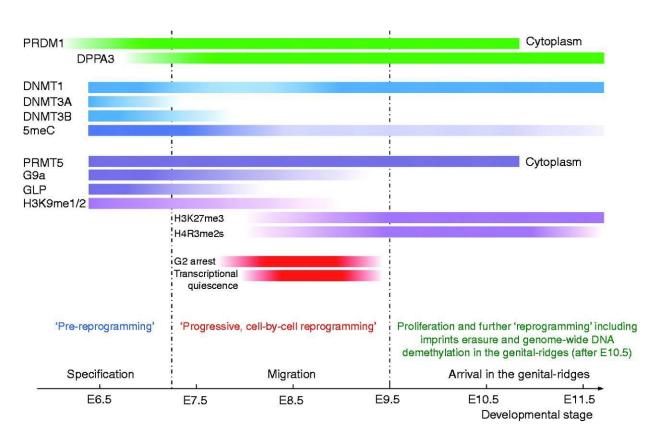
The results from one experiment indicated that classical music caused a 1.1 % increase in absorption, and rock music caused a 1.8% decrease in absorption indicating no effect. Gregorian chants, however caused a 5.0% and 9.1% increase in absorption in two separate experiments. Sanskrit chanting caused a similar 8.2% and 5.8% effect in two separate experiments. Thus both types of sacred chanting music produced a large unwinding effect on DNA.

Glen Rein's experiment indicate that music can resonate with human DNA. Rock and classical music do not affect DNA, although spiritual musical chants do resonate with DNA. Although these experiments were performed with isolated and purified DNA, it is likely that the frequencies associated with these forms of music will also resonate with DNA in the body.

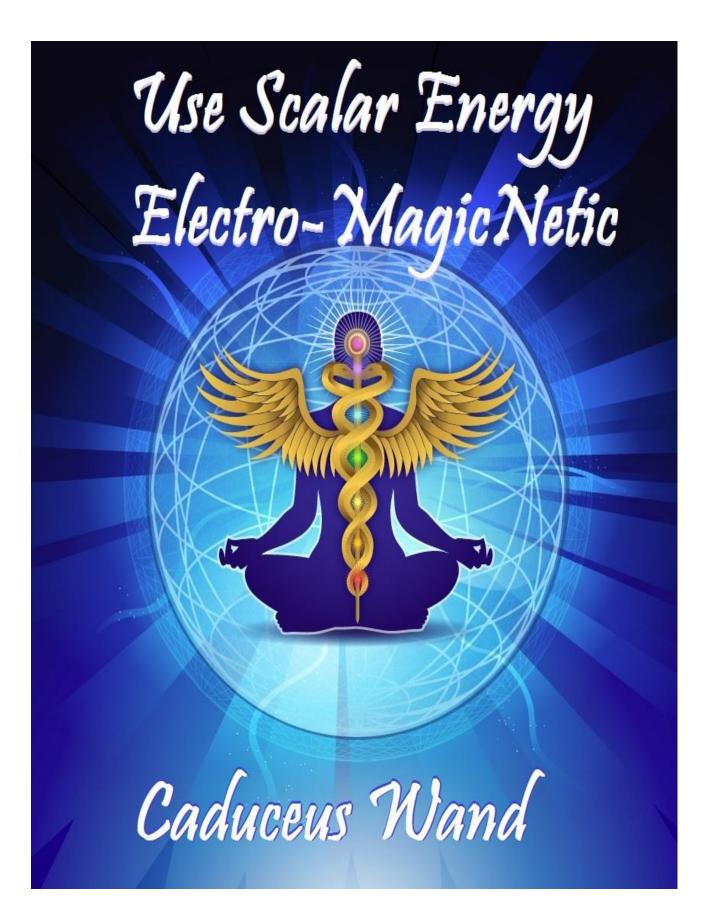
Another study entitled, "Effect of sound wave on the synthesis of nucleic acid and protein in chrysanthemum" ends with the conclusion: "This result indicated that some stress-induced genes might be switched on under sound stimulation and the level of transcription increased."

If genes can be switched on or off due to "sound simulations" it is within reason to think that DNA can be effected by sound, and if by sound, then also by the frequency of that sound.

The potential of sound positively affecting our lives is obvious, and the potential for a 528 Hz frequency affecting DNA may have some scientific validity. However, I'm sure as the science constantly evolves we will see more research publications regarding DNA repair and the 528 Hz tone







DNA is Influenced by Words and Frequencies

By Grazyna Fosar and Franz Bludorf

DNA Can Be Influenced And Reprogrammed By Words And Frequencies Russian DNA Discoveries

The human DNA is a biological Internet and superior in many aspects to the artificial one. The latest Russian scientific research directly or indirectly explains phenomena such as clairvoyance, intuition, spontaneous and remote acts of healing, self-healing, affirmation techniques, unusual light/auras around people (namely spiritual masters), the mind's influence on weather patterns and much more.

In addition, there is evidence for a whole new type of medicine in which DNA can be influenced and reprogrammed by words and frequencies WITHOUT cutting out and replacing single genes.

Only 10% of our DNA is being used for building proteins. It is this subset of DNA that is of interest to western researchers and is being examined and categorized. The other 90% are considered "junk DNA. The Russian researchers, however, convinced that nature was not dumb, joined linguists and geneticists in a venture to explore those 90% of "junk DNA". Their results, findings and conclusions are simply revolutionary!

According to them, our DNA is not only responsible for the construction of our body but also serves as data storage and communication. The Russian linguists found that the genetic code, especially in the apparently useless 90%, follows the same rules as all our human languages. To this end they compared the rules of syntax (the way in which words are put together to form phrases and sentences), semantics (the study of meaning in language forms) and the basic rules of grammar.

They found that the alkalines of our DNA follow regular grammar and do have set rules just like our languages. So human languages did not appear coincidentally but are a reflection of our inherent DNA.

The Russian biophysicist and molecular biologist Pjotr Garjajev and his colleagues also explored the vibrational behavior of the DNA. [For the sake of brevity I will give only a summary here. For further exploration please refer to the appendix at the end of this article.]

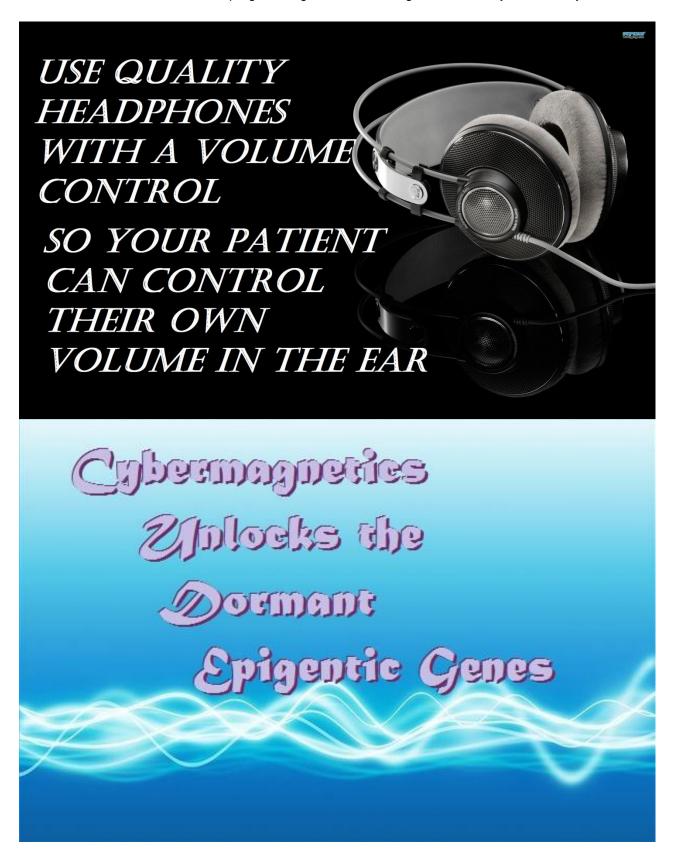
The bottom line was:

"Living chromosomes function just like solitonic/holographic computers using the endogenous DNA laser radiation."

This means that they managed, for example, to modulate certain frequency patterns onto a laser ray and with it influenced the DNA frequency and thus the genetic information itself. Since the basic structure of DNA-alkaline pairs and of language (as explained earlier) are of the same structure, no DNA decoding is necessary. One can simply use words and sentences of the human language!

This, too, was experimentally proven! Living DNA substance (in living tissue, not in vitro) will always react to language-modulated laser rays and even to radio waves, if the proper frequencies are being used. This finally and scientifically explains why affirmations, autogenous training, hypnosis and the like can have such strong effects on humans and their bodies. It is entirely normal and natural for our DNA to react to language. While western researcher cut single genes from the DNA strands and insert them elsewhere, the Russians enthusiastically worked on devices that can influence the cellular metabolism through suitable modulated radio and light frequencies and thus repair genetic defects.

Garjajevâ´s research group succeeded in proving that with this method chromosomes damaged by x-rays for example can be repaired. They even captured information patterns of a particular DNA and



transformed, for example, frog embryos to salamander embryos simply by transmitting the DNA information patterns!

This way the entire information was transmitted without any of the side effects or disharmonies encountered when cutting out and re-introducing single genes from the DNA. This represents an unbelievable, world-transforming revolution and sensation! All this by simply applying vibration and language instead of the archaic cutting-out procedure! This experiment points to the immense power of wave genetics, which obviously has a greater influence on the formation of organisms than the biochemical processes of alkaline sequences.

Esoteric and spiritual teachers have known for ages that our body is programmable by language, words and thought. This has now been scientifically proven and explained. Of course the frequency has to be correct. And this is why not everybody is equally successful or can do it with always the same strength. The individual person must work on the inner processes and maturity in order to establish a conscious communication with the DNA. The Russian researchers work on a method that is not dependent on these factors but will ALWAYS work, provided one uses the correct frequency.

But the higher developed an individual's consciousness is, the less need is there for any type of device! One can achieve these results by oneself, and science will finally stop laughing at such ideas and will confirm and explain the results. And it doesn't end there. The Russian scientists also found out that our DNA can cause disturbing patterns in the vacuum, thus producing magnetized wormholes! Wormholes are the microscopic equivalents of the so-called Einstein-Rosen bridges in the vicinity of black holes (left by burned-out stars).

These are tunnel connections between entirely different areas in the universe through which information can be transmitted outside of space and time. The DNA attracts these bits of information and passes them on to our consciousness. This process of hyper-communication is most effective in a state of relaxation. Stress, worries or a hyperactive intellect prevent successful hyper-communication or the information will be totally distorted and useless. In nature, hyper-communication has been successfully applied for millions of years. The organized flow of life in insect states proves this dramatically. Modern man knows it only on a much more subtle level as "intuition". But we, too, can regain full use of it.

An example from Nature: When a queen ant is spatially separated from her colony, building still continues fervently and according to plan. If the queen is killed, however, all work in the colony stops. No ant knows what to do. Apparently the queen sends the "building plans" also from far away via the group consciousness of her subjects. She can be as far away as she wants, as long as she is alive. In man hyper-communication is most often encountered when one suddenly gains access to information that is outside one's knowledge base.

Such hyper-communication is then experienced as inspiration or intuition. The Italian composer Giuseppe Tartini for instance dreamt one night that a devil sat at his bedside playing the violin. The next morning Tartini was able to note down the piece exactly from memory, he called it the Devil's Trill Sonata.

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When hyper-communication occurs, one can observe in the DNA as well as in the human being special phenomena. The Russian scientists irradiated DNA samples with laser light. On screen a typical wave pattern was formed. When they removed the DNA sample, the wave pattern did not disappear, it remained. Many control experiments showed that the pattern still came from the removed sample, whose energy field apparently remained by itself. This effect is now called phantom DNA effect.

It is surmised that energy from outside of space and time still flows through the activated wormholes after the DNA was removed. The side effect encountered most often in hyper-communication also in human beings are inexplicable electromagnetic fields in the vicinity of the persons concerned.

Electronic devices like CD players and the like can be irritated and cease to function for hours. When the electromagnetic field slowly dissipates, the devices function normally again. Many healers and psychics know this effect from their work. The better the atmosphere and the energy, the more frustrating it is that the recording device stops functioning and recording exactly at that moment. And repeated switching on and off after the session does not restore function yet, but next morning all is back to normal. Perhaps this is reassuring to read for many, as it has nothing to do with them being technically inept, it means they are good at hyper-communication.

In their book "Vernetzte Intelligenz" (Networked Intelligence), Grazyna Gosar and Franz Bludorf explain these connections precisely and clearly.

The authors also quote sources presuming that in earlier times humanity had been, just like the animals, very strongly connected to the group consciousness and acted as a group. To develop and experience individuality we humans however had to forget hyper-communication almost completely.

Now that we are fairly stable in our individual consciousness, we can create a new form of group consciousness, namely one, in which we attain access to all information via our DNA without being forced or remotely controlled about what to do with that information. We now know that just as on the internet our DNA can feed its proper data into the network, can call up data from the network and can establish contact with other participants in the network.

Remote healing, telepathy or "remote sensing" about the state of relatives etc. can thus be explained. Some animals know also from afar when their owners plan to return home. That can be freshly interpreted and explained via the concepts of group consciousness and hyper-communication. Any collective consciousness cannot be sensibly used over any period of time without a distinctive individuality. Otherwise we would revert to a primitive herd instinct that is easily manipulated.

Hyper-communication in the new millennium means something quite different: Researchers think that if humans with full individuality would regain group consciousness, they would have a god-like power to create, alter and shape things on Earth! AND humanity is collectively moving toward such a group consciousness of the new kind. Fifty percent of today's children will be problem children as soon as the go to school. The system lumps everyone together and demands adjustment. But the individuality of today's children is so strong that that they refuse this adjustment and giving up their idiosyncrasies in the most diverse ways.

At the same time more and more clairvoyant children are born [see the book "China's Indigo Children" by Paul Dong or the chapter about Indigos in my book "Nutze die taeglichen Wunder" (Make Use of the Daily Wonders)]. Something in those children is striving more and more towards the group consciousness of the new kind, and it will no longer be suppressed! . As a rule weather, for example, is rather difficult to influence by a single individual. But it may be influenced by a group consciousness (nothing new to some tribes doing it in their rain dances). Weather is strongly influenced by Earth resonance frequencies, the so-called Schumann frequencies. But those same frequencies are also produced in our brains, and when many people synchronize their thinking or individuals (spiritual masters, for instance) focus their thoughts in a laser-like fashion, then it is scientifically speaking not at all surprising if they can thus influence weather.

Researchers in group consciousness have formulated the theory of Type I civilizations. A humanity that developed a group consciousness of the new kind would have neither environmental problems nor scarcity of energy. For if it were to use its mental power as a unified civilization, it would have control of

the energies of its home planet as a natural consequence. And that includes all natural catastrophes!!! A theoretical Type II civilization would even be able to control all energies of their home galaxy.

In my book "Nutze die taeglichen Wunder", I have described an example of this: Whenever a great many people focus their attention or consciousness on something similar like Christmas time, football world championship or the funeral of Lady Diana in England then certain random number generators in computers start to deliver ordered numbers instead of the random ones. An ordered group consciousness creates order in its whole surroundings!!!

http://noosphere.princeton.edu/fristwall2.html

When a great number of people get together very closely, potentials of violence also dissolve. It looks as if here, too, a kind of humanitarian consciousness of all humanity is created. At the Love Parade, for example, where every year about one million of young people congregate, there has never been any brutal riots as they occur for instance at sports events. The name of the event alone is not seen as the cause here. The result of an analysis indicated rather that the number of people was TOO GREAT to allow a tipping over to violence.

To come back to the DNA: It apparently is also an organic superconductor that can work at normal body temperature. Artificial superconductors require extremely low temperatures of between 200 and 140°C to function.

As one recently learned, all superconductors are able to store light and thus information. This is a further explanation of how the DNA can store information. There is another phenomenon linked to DNA and wormholes. Normally, these super small wormholes are highly unstable and are maintained only for the tiniest fractions of a second. Under certain conditions (read about it in the Fosar/Bludorf book above) stable wormholes can organize themselves which then form distinctive vacuum domains in which, for example, gravity can transform into electricity. Vacuum domains are self-radiant balls of ionized gas that contain considerable amounts of energy.

There are regions in Russia where such radiant balls appear very often. Following the ensuing confusion the Russians started massive research programs leading finally to some of the discoveries mentions above. Many people know vacuum domains as shiny balls in the sky. The attentive look at them in wonder and ask themselves, what they could be. I thought once: "Hello up there. If you happen to be a UFO, fly in a triangle." And suddenly, the light balls moved in a triangle. Or they shot across the sky like ice hockey pucks. They accelerated from zero to crazy speeds while sliding gently across the sky.

One is left gawking and I have, as many others, too, thought them to be UFOs. Friendly ones, apparently, as they flew in triangles just to please me. Now the Russians found in the regions where vacuum domains appear often that sometimes fly as balls of light from the ground upwards into the sky, that these balls can be guided by thought. One has found out since that vacuum domains emit waves of low frequency as they are also produced in our brains. And because of this similarity of waves they are able to react to our thoughts.

To run excitedly into one that is on ground level might not be such a great idea, because those balls of light can contain immense energies and are able to mutate our genes. They can, they don't necessarily have to, one has to say. For many spiritual teachers also produce such visible balls or columns of light in deep meditation or during energy work which trigger decidedly pleasant feelings and do not cause any harm. Apparently this is also dependent on some inner order and on the quality and provenance of the vacuum domain.

There are some spiritual teachers (the young Englishman Ananda, for example) with whom nothing is seen at first, but when one tries to take a photograph while they sit and speak or meditate in hyper-

communication, one gets only a picture of a white cloud on a chair. In some Earth healing projects such light effects also appear on photographs.

Simply put, these phenomena have to do with gravity and anti-gravity forces that are also exactly described in the book and with ever more stable wormholes and hyper-communication and thus with energies from outside our time and space structure. Earlier generations that got in contact with such hypercommunication experiences and visible vacuum domains were convinced that an angel had appeared before them.

And we cannot be too sure to what forms of consciousness we can get access when using hyper-communication. Not having scientific proof for their actual existence (people having had such experiences do NOT all suffer from hallucinations) does not mean that there is no metaphysical background to it. We have simply made another giant step towards understanding our reality.

Official science also knows of gravity anomalies on Earth (that contribute to the formation of vacuum domains), but only of ones of below one percent. But recently gravity anomalies have been found of between three and four percent. One of these places is Rocca di Papa, south of Rome (exact location in the book "Vernetzte Intelligenz" plus several others). Round objects of all kinds, from balls to full buses, roll uphill. But the stretch in Rocca di Papa is rather short, and defying logic skeptics still flee to the theory of optical illusion (which it cannot be due to several features of the location).



Co-ordinated regulation of translation following **DNA** damage

Alexander V. Kondrashov, Keith A. Sprig, Martin Bushell and Anne E. Willis*

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Kcr words:protein .synthesis, DNA repair, translation_upstrt:amopen n::ading fr-une, uORF

is as imporram as tr-J.nSC:ripcional oomrol.1 Global oomrol of translation is mediated by regulating the aV"J.ilabilicy and/or phos-phorylation srattus of canonical eukaryotic initiation F.«::cors (eJFs) and their binding partners, whereas regulation of specific: subsec.s of mRNAs is brought about by sequenc:elstruc:curcd elementS within the 5' and 3' untr-J.nslated regions (UTRs) of the mRNAsand the proteins that imer-J.C:t with these t:lemenc.s.² Flemems present within the 5'-tiTR chat regulate translation include internal ribosome entry segmentS (JRESs),J upstream open reading fr-unes (uORFs)1 and terminal oligopyrimidine tra<:tS (TOPs),1 whilst regulatOry elementS within the 3'-UTR include sequences due control the tr-t nslacion, localization, and srabilicy of an mRNAl and micro RNA (miRNA) rargett sices.4

The mechanism ucilited by the majority of mRNAs co initiate tr-J.nslacion is termed cap dependent scanning and requires the binding of the eJF4F c:omple:< (which con ains e!F4E,e!F4G and e!F4A) co the 7-mechyl G cap of che mRNA. The 40S ribosomal subunit is recruited via an eJF4G-dF3-40S imeracion cogecher with the ternary c:omple:<, which c:onrains e1F2, GTPand initiator cRNA_,. 'Under conditions of patho-physiological cell stress protein symhesis r-ues are dec:n::ased and chis c:an be mediated by regulating eicher eiF4F complex formation or alternatively ternary complex formation." In mammalian cells there are four kinases chat control the formation of ternary complex and therefore recruiunent of initiatOr cRNA_, tO the

It is now well accepted that oomrol of ribosome, by inducing phosphorylation gene expression by regulating translation of e!F2C< (Fig. 1). These kinases (GCN2, PERK, HRI and I'KR) are accivaced by difkrem external stimuli, generally under conditions of cell scre.ss. The phosphorylation of eiF2 does not affect itS activity per se but instead incn::ases the binding of itS guanine nuc: bocide exchange f.J.<:t0r, eiF2B, locking these proteins incoan inactive complex which p n::ventS GDP/GTP exdungeon other e1F2 molecules.6

It has been shown chat the ri'duccion in protein synthesis following exposure of cells co agentS chat damage DNA including UV-liglu,uw echylating agentS (e.g., echylmechane sulph01!1ace)* and DNA cro,ss.linking agentS (e.g., cisplatin and micomyc:in C)9 is caused by GCN2 which phosphorybces e!F2dpha and subsequently inhibitS cernauy complex formacion.710 u However, despite the ri'duccion in glolul protein ynthesis certain mRNAs are still translated.

To idemify which mRNAs are still tr-J.nslated following cell Stress (including DNA damage) it is possible co use 'polysome profiling'. 111is technique combines sucrose density gr. .diem separation of mRNAs which remain polysomally associated (and presumably translated) following cell Stress with c:DNA microarray analysis."111is method was used co identify chose mR NAs chat are scat tr-J.nslated following exposure of cells co UVB light and interestingly it was shown chat the group damage by virtueofcheir 5' UTRs. These of mRNAs chat were most translationally upregulated under these conditions enooded DNA repairenzy1nes which function in nucleotide excision repair.7 111ere was no increase in the over-.tl11evelsofchese

mR NAs, in agreement with earlier Studies 11 These mR NAs were e-<amined for sequenceelemenc.swhich may concribuce co their translation following UVB-exposure, and it was shown chat the 5' liTRs of the DNA repair elttymes identified by the screen all conrained uORFs. These uORFs were inhibitOry co the tr-J.nslation of downscream reporter under c:omroI conditions)t allowed the continued tr:anslation of both reporter and endogenous mRNAs when levels of ternary complex were low.7 In agreement with ocher models'J the dara suggest chat the 40S ribosomes are able co scan through the inhibitOry uORFs since chey bck cRNA_. This cRNA is chen gr-J.duallya<:quiri'd such chat cbe ribosomes are able initiate tr-J.nslacion of the physiological ORF (Fig. 1). Impor and y, che dara showed chat additional f.J..<:t0rs as well as low ternary levels were necessary for the increased tr-J.nslation since the uORFs derived from the DNA-repair elttymes were not active under ocher conditions chat caused a reduction of the levels of ternary complex. It appeari'd chat signaling through DNA-PKc:s was necessary for the polysonul association of DNA-repair enzymes and the upregulacion of their synthesis, linking for the first-time chis signaling pathway co the c:omrol of llr-J.I\Siation.7

111is research lus uncovered a novel medu nism by which specific: mRNAs are selected for translation following UVB mR NAsare required coallow cells corecover from the damage chat is indoced and are an essential component of the DNA damage response. It is interesting co speculate that naturally oc<:urring polymorphisms in

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Extra Views

Changing Cell Fate by Nuclear Reprogramming

Slina Sirnonsson 10*

1 B. Gurdon²

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KEYWORDS

epi://dlelic, diffcrentialion. devdopment, rranscriplion. stem o:ll, DNAdemethylarion. merhylarion.chormnin, xenopus

ABSTRACT

The differentiated state of somatic cells is remarkably slable, but nuclear transfer con efficiently override the stability of cell dillerenijation by nuclear reprogramming. Genes that were silent in the differentiated state ore activated, whereas genes specific for the

differentiated state are switched off during the reprogramming process. The epigenetic changes that occur after nuclear transfer to Xenop;s oocyles involve chromath remodelling and DNA demethylation. In particular, we have reported that reactivation of the mouse stem cell specific gene oct-4 depends on demethylation of CpGs in the proxim all oct-4 promoter. Here we discuss molecular mechanisms of nuclear reprogramming, with special

emphasis on DNA damethylation.

SOMATIC CELLS

111e differentiated scare of cells is remarkably scable. Cells cannot readily >wicc:h &om one &ce co another. Their scabilicy probably depends on chromatin c:ompa<:cion and DNA mechylacion, especially of gene promoters. A differenciaced somack cell perfor lns a specialized cask umil ic dies. A heart-cell always remains a hearc-cell, and does !!!Ot turn imo a liver cell. Cellular &ce cannor be n::versed under any normal c:ic::umscanc:es, and che underlying me<: hanisIns for chis are poorly understood. Ic is believed char chromacin modifications, and the aktivJ.tion of suppressor genes, serve to silence most genes. It is thie Ay genes specific for the cell type for example those encoding cell specific transcription F.«:cors, and house keeping genes due are cr-J.nsc:ribed in speciali-and cells. Cytosine mechylacion of CpG dinucleocides. wichin and around genes, has been shown coe." ert a major influence on cr-J.I|\$Crripcioll in many planes and animals. 1 DNA mechylacion is believed to be involved in tmllS<riptiOilal sllenci.ng, and for chis purpose, may carget the machineny necessary to assemble chronucin elllriched in deacetylaced hiscones. Once escablished, CpG mechylacion patten\S are essentially inert and provide an accr-J.C:tive mechanism K>r sesl!t:S'J.ting a large fr-J.c.cion of scably repressed chromacin, which is necessary cokeep many gelS >wicched off in somatic c:ells. To curn chem on ag'J.in could involve DNA demechylacion.

REVERSAL OF THE DIFFERENTIATED CELI STATE

Nuclear cr-J.II:Sier and cell fusion are the only experimental procedures that can efficiently override che scability of cell difrerenciacion. This is due co a change in che cyroplasmic: environmem of a nucleus. Nuclei can be cr-J.nsplamed co en ucleaced eJ:';;S.or co non-dividing oocyces. Oocyces have che advJ.nrage of allowing no DNA replication and uo cell division -chey diri'<:dy iniciace cr-JnSC:ripcion in an embryonic: pucern. \Y/e lu ve previously shown char mouse chymocycc nuclei a<:civJ.ce occ4 when injected imo Xmopus IAroisoocyces, che growing germ cells in meiocic: prophase." More rikem nusules demonser-Jee char chere is a delay of up to four days before occ4 cr-J.nscripes can be decected. In comr-J.St, the injection of purified deproceinized genomic chymocyce DNA allows dececcion of occ4 cr-J.nsc:ripcs already after two days. This difference implies char chromacin scructure and/or repressive molecules in chymus nuclei ha"e co change before cr-InsCripcion can proceed..1c also suggesu char oocyte f.J.c.Cors a.re responsible for c:hromacin modifications necessary co acceivace em bryonic genes in chymocyce cells. The injection of unmech ylaced plasmid DNA, c:oncaining che 0<:c4 promoter, requires only chree hours for dece<:cion of occ4 cransc:ripcs. The difference between the rimes required for naked genomic DNA (2 days) and plasmid DNA (2 hours) ro gneme detetl'Ilble OC!4 " 'Inscriprs could possibly be due ro DNA mechylacion. Thus one obvious quescion is whecher *Xnwpus* oocyces havt a capacity co

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Cell Cycle 513

Russian DNA Discoveries

Explain Human

'Paranormal' Events

Summarized by Baerbel

Esoteric and spiritual teachers have known for ages that our body is programmable by language, words and thought. This has now been scientifically proven and explained.

The human DNA is a biological Internet and superior in many aspects to the artificial one. The latest Russian scientific research directly or indirectly explains phenomena such as clairvoyance, intuition, spontaneous and remote acts of healing, self healing, affirmation techniques, unusual light/auras around people (namely spiritual masters), mindâ¬"s influence on weather patterns and much more.

In addition, there is evidence for a whole new type of medicine in which DNA can be influenced and reprogrammed by words and frequencies WITHOUT cutting out and replacing single genes. Only 10% of our DNA is being used for building proteins. It is this subset of DNA that is of interest to western researchers and is being examined and categorized. The other 90% are considered "junk DNA."

The Russian researchers, however, convinced that nature was not dumb, joined linguists and geneticists in a venture to explore that 90% of "junk DNA." Their results, findings and conclusions are simply revolutionary!

According to their findings, our DNA is not only responsible for the construction of our body but also serves as data storage and communication. The Russian linguists found that the genetic code - especially in the apparent "useless" 90% - follows the same rules as all our human languages.

To this end they compared the rules of syntax (the way in which words are put together to form phrases and sentences), semantics (the study of meaning in language forms) and the basic rules of grammar. They found that the alkalines of our DNA follow a regular grammar and do have set rules just

like our languages. Therefore, human languages did not appear coincidentally but are a reflection of our inherent DNA.

The Russian biophysicist and molecular biologist Pjotr Garjajev and his colleagues also explored the vibrational behavior of DNA. In brief the bottom line was: "Living chromosomes function just like a holographic computer using endogenous DNA laser radiation." This means that they managed, for example, to modulate certain frequency patterns (sound) onto a laser-like ray which influenced DNA frequency and thus the genetic information itself.

Since the basic structure of DNA-alkaline pairs and of language (as explained earlier) is of the same structure, no DNA decoding is necessary. One can simply use words and sentences of the human language! This, too, was experimentally proven!

Living DNA substance (in living tissue, not in vitro) will always react to language-modulated laser rays and even to radio waves, if the proper frequencies (sound) are being used. This finally and scientifically explains why affirmations, hypnosis and the like can have such strong effects on humans and their bodies. It is entirely normal and natural for our DNA to react to language.

While western researchers cut single genes from DNA strands and insert them elsewhere, the Russians enthusiastically created devices that influence cellular metabolism through modulated radio and light frequencies, thus repairing genetic defects.

They even captured information patterns of a particular DNA and transmitted it onto another, thus reprogramming cells to another genome. So they successfully transformed, for example, frog embryos to salamander embryos simply by transmitting the DNA information patterns! This way the entire information was transmitted without any of the side effects or disharmonies encountered when cutting out and re-introducing single genes from the DNA.

This represents an unbelievable, world-transforming revolution and sensation: by simply applying vibration (sound frequencies) and language instead of the archaic cutting-out procedure!

This experiment points to the immense power of wave genetics, which obviously has a greater influence on the formation of organisms than the biochemical processes of alkaline sequences.

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These are tunnel connections between entirely different areas in the universe through which information can be transmitted outside of space and time. The DNA attracts these bits of information and passes them on to our consciousness. This process of hyper-communication (telepathy, channeling) is most effective in a state of relaxation.

Stress, worry or a hyperactive intellect prevent successful hyper-communication or the information will be totally distorted and useless. In nature, hyper-communication has been successfully applied for millions of years. The organized flow of life in insects proves this dramatically. Modern man knows it only on a much more subtle level as "intuition." But we, too, can regain full use of it.

As an example from nature, when a queen ant is separated from her colony, the remaining worker ants will continue building fervently according to plan. However, if the queen is killed, all work in the colony stops. No ant will know what to do. Apparently, the queen transmits the "building plans" even if far away - via the group consciousness with her subjects. She can be as far away as she wants, as long as she is alive.

In humans, hyper-communication is most often encountered when one suddenly gains access to information that is outside one's knowledge base. Such hyper-communication is then experienced as inspiration or intuition (also in trance channeling). The Italian composer Giuseppe Tartini, for instance, dreamt one night that a devil sat at his bedside playing the violin. The next morning Tartini was able to note down the piece exactly from memory. He called it the Devil's Trill Sonata.

For years, a 42-year old male nurse dreamt of a situation in which he was hooked up to a kind of knowledge CD-ROM. Verifiable knowledge from all imaginable fields was then transmitted to him that he was able to recall in the morning. There was such a flood of information that it seemed a whole encyclopedia was transmitted at night. The majorities of facts were outside his personal knowledge base and reached technical details of which he knew absolutely nothing. When hyper-communication occurs, one can observe in the DNA, as well as in the human, supernatural phenomena.

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Electronic devices like CD players and the like can be irritated and cease to function for hours. When the electromagnetic field slowly dissipates, the devices function normally again. Many healers and psychics know this effect from their work: the better the atmosphere and energy, the more frustrating it can be for recording devices as they stop functioning at that exact moment. Often by next morning all is back to normal.

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as a group. In order to develop and experience individuality, however, we humans had to forget hyper-communication almost completely.

Now that we are fairly stable in our individual consciousness, we can create a new form of group consciousness - namely one in which we attain access to all information via our DNA without being forced or remotely controlled about what to do with that information. We now know that just as we use the internet, our DNA can feed proper data into the network, can retrieve data from the network, and can establish contact with other participants in the network. Remote healing, telepathy or "remote sensing" about the state of another can thus be explained. Some animals know from afar when their owners plan to return home. This can be freshly interpreted and explained via the concepts of group consciousness and hyper-communication.

Any collective consciousness cannot be sensibly used over any period of time without a distinctive individuality; otherwise we would revert to a primitive herd instinct that is easily manipulated. Hyper-communication in the new millennium means something quite different.

Researchers think that if humans with full individuality would regain group consciousness, they would have a god-like power to create, alter and shape things on Earth! AND humanity is collectively moving toward such a group consciousness of the new kind.

Fifty percent of children will become a problem as soon as they go to school, since the system lumps everyone together and demands adjustment. But the individuality of today's children is so strong that they refuse this adjustment and resist giving up their idiosyncrasies in the most diverse ways.

At the same time more and more clairvoyant children are born. Something in those children is striving more towards the group consciousness of the new kind, and it can no longer be suppressed.

As a rule, weather for example is rather difficult to influence by a single individual. But it may be influenced by group consciousness (nothing new about this to some indigenous tribes). Weather is strongly influenced by Earth resonance frequencies (Schumann frequencies). But those same frequencies are also produced in our brains, and when many people synchronize their thinking or when individuals (spiritual masters, for instance) focus their thoughts in a laser-like fashion, then it is not at all surprising that they can influence the weather.

A modern day civilization which develops group consciousness would have neither environmental problems nor scarcity of energy: for if it were to use such mental powers as a unified civilization, it would have control of the energies of its home planet as a natural consequence.

When a great number of people become unified with higher intention as in meditating on peace - potentials of violence also dissolve.

Apparently, DNA is also an organic superconductor that can work at normal body temperature, as opposed to artificial superconductors which require extremely low temperatures between 200 and 140°C to function. In addition, all superconductors are able to store light and thus information. This further explains how DNA can store information.

There is another phenomenon linked to DNA and wormholes. Normally, these super-small wormholes are highly unstable and are maintained only for the tiniest fractions of a second. Under certain conditions stable wormholes can organize themselves, which then form distinctive vacuum domains in which for example, gravity can transform into electricity. Vacuum domains are self-radiant balls of ionized gas that contain considerable amounts of energy. There are regions in Russia where such radiant balls appear very often.

Following the ensuing confusion the Russians started massive research programs leading finally to some of the discoveries mentions above. Many people know vacuum domains as shiny balls in the sky. The attentive look at them in wonder and ask themselves, what they could be.

I thought once: "Hello up there. If you happen to be a UFO, fly in a triangle." And suddenly, the light balls moved in a triangle. Or they shot across the sky like ice hockey pucks: they accelerated from zero to crazy speeds while sliding silently across the sky. One is left gawking and I have, as many others, too, thought them to be UFOs. Friendly ones, apparently, as they flew in triangles just to please me.

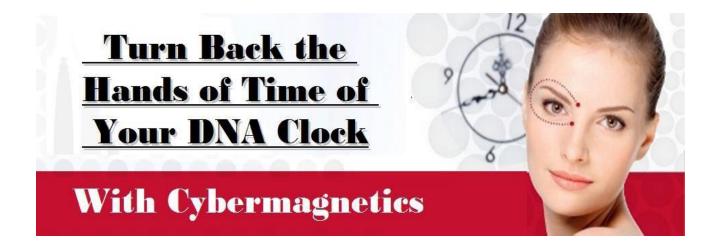
Now, the Russians found - in the regions where vacuum domains often appear - that sometimes fly as balls of light from the ground upwards into the sky, and that these balls can be guided by thought. Since then it has been found that vacuum domains emit waves of low frequency that are also produced in our brains and because of this similarity of waves they are able to react to our thoughts. To run excitedly into one that is on ground level

might not be such a great idea, because those balls of light can contain immense energies and are capable of mutating our genes.

Many spiritual teachers also produce such visible balls or columns of light in deep meditation or during energy work, which trigger decidedly pleasant feelings and do not cause any harm. Apparently this is also dependent on some inner order, quality and origin of the vacuum domain. There are some spiritual teachers, like the young Englishman Ananda, for example, with whom nothing is seen at first, but when one tries to take a photograph while they sit and speak or meditate in hyper-communication, one gets only a picture of a white cloud on a chair.

In certain Earth healing projects, such light effects also appear on photographs. Simply put, this phenomena has to do with gravity and antigravity forces that are ever more stable forms of wormholes and displays of hyper-communication with energies from outside our time and space structure. Earlier generations that experienced such hyper-communication and visible vacuum domains were convinced that an angel had appeared before them: and we cannot be too sure to what forms of consciousness we can get access when using hyper-communication.

Not having scientific proof for their actual existence, people having had such experiences do NOT all suffer from hallucinations. We have simply made another giant step towards understanding our reality. Official science also knows of gravity anomalies on Earth that contribute to the formation of vacuum domains. Recently gravity anomalies have been found in Rocca di Papa, south of Rome.



Why does Desire' Sing Different?

Dr. Leonard Horowitsz

I have watched as some people like Desire' voice and others hate it. The ones who love Desire's voice find it healing. The ones who hate it seem to be classically trained or influenced. Americans who developed rock and roll have rejected classically trained voices. I pondered as to why but then I stumbled onto the lost healing frequencies. The Solfeggio frequencies are known classically to be common in ancient times. There is much power in these frequencies for they use sacred numbers of power sound vibrations. When churches used these power frequencies they found that the buildings built with the secret geometry would resonate and amplify this power. The buildings would be destroyed by the very sounds. The flying buttress supports were designed to support these structures. The Solfeggio frequencies lead to greater resonance thus they produce more power and more healing.

The church found the power of the Solfeggio frequencies and they made these sounds secret and they modified the music scale to hide these Solfeggio vibrations. Classically trained musicians are specifically trained to not make these Solfeggio frequencies sounds. The church and the powers that be have hid these sounds in classical art. This was a major cover-up to prevent the people from accessing the power.

Singers like Elvis, Michael Jackson, Freddy Mercury and Desire' Dubounet have adapted these sounds and have found the power that the Solfeggio frequencies have. Those feeling the music in their hearts love Desire' and those who hear music with their classically trained brain hate her. Her songs sound different to them because they listen with their head not their heart.

When we checked Desire' voice and low and behold there are the Solfeggio sounds. Desire's voice has been used to record over 350 healing songs used by health practitioners around the world for healing with great results.

These unique sound frequencies were in fact used in Ancient Gregorian Chants, such as the great hymn to St. John the Baptist, beside with others that church authorities say were lost centuries ago. The chants and their special tones were thought to pass on marvelous spiritual blessings when sung in harmony during religious masses. These commanding frequencies were rediscovered by Dr. Joseph Puleo as explained in the book Healing Codes for my book Biological Apocalypse by Dr. Leonard Horowitz. I give respect to both of these good sirs for the part they've had in helping the Solfeggios come back to humanity. These lost frequencies are back.

The Six Solfeggio Frequencies include:

UT – 396 Hz – Liberating Guilt and Fear

RE - 417 Hz - Undoing Situations and Facilitating Change

MI – 528 Hz – Transformation and Miracles (DNA Repair)

FA - 639 Hz - Connecting/Relationships

SOL - 741 Hz - Awakening Intuition

LA - 852 Hz - Returning to Spiritual Order

We have found these healing frequencies reoccurring in Desire' voice much more than other vocalists. For instance, the third notes, frequency 528, recount to the note MI on the scale and derives from the phrase "MI-ra gestorum" in Latin meaning "miracle." Strikingly, this is the exact frequency used by genetic biochemists to repair broken DNA – the genetic blueprint upon which life is based! And now if you listen to Desi sing with your heart and feel her passion and healing maybe you can see the power in her voice to heal. Classically trained people will not like the power of her voice.

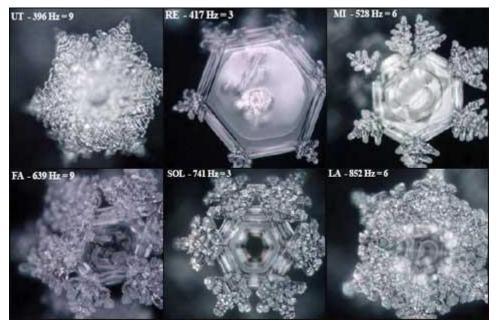
At the Alibi club in Budapest, I watched as several deaf persons lined up near the stage to hear Desire' sing. Yes they could HEAR Desire' sing and no other. I talked with them and they said they have never heard the human voice till now. By placing their hands and feet near the stage the resonant power of only Desire's voice. With the resonant power of Solfeggio frequencies the plasticity of their brains could transduce the feeling of the vibration to the audio reception part of the brain and they could hear the human voice singing. They told me it was the voice of an angel.



Forgotten In Time: The Ancient Solfeggio Frequencies

2006 01 21

From: lightwithin.com/SomaEnergetics



Photos by From: powerofharmony.tripod.com

What Are The Ancient Solfeggio Frequencies?

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The Six Solfeggio Frequencies include:

UT - 396 Hz - Liberating Guilt and Fear

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For example, the third note, frequency 528, relates to the note MI on the scale and derives from the phrase "MI-ra gestorum" in Latin meaning "miracle."

Stunningly, this is the exact frequency used by genetic biochemists to repair broken DNA – the genetic blueprint upon which life is based!

UT RE MI FA SOL LA SI

A Little History

At the turn of the century the awareness of DNA entered the collective consciousness of the world. We

have incarnated into this human experience as divine beings with a blueprint, a set of instructions. We know that a very small percentage (3%) of those instructions make up our physiology.

Carl Sagan writes that most of our genetic information (about 97%) is unused DNA. He refers to this as "genetic gibberish." Is it possible that most of who we are still lies dormant as our human potential?

In the old paradigm of religion, "potential" remained a mystery to the human mind, therefore we coined a mystical term called "SPIRIT." "Spirit" was something that was detached from who we were, something we didn't have and could only be gained through the systems of most religions.

The old paradigm and its premise stated that we began as biology in the womb of our mothers. Telliard deChardin tells us that we are not a human being trying to attain a spiritual experience, but, rather, we are spiritual beings having a human experience. This shift in perception causes a tremendous difference in the way we perceive ourselves in this third/fourth time-space continuum.

Being a student of "A Course In Miracles" in the late 80's, I was faced with a dichotomy in the idea that we are not a body. I never understood this statement fully until I read a quotation by Albert Einstein which stated: "Concerning matter, we have been all wrong. What we have called matter is energy, whose vibration has been so lowered as to be perceptible to the senses. There is no matter." I believe what is being stated is that at the deepest level we are not separate, as a body, as a spirit, as a soul — we are just energy-beings. This is the level of consciousness being opened to us from which a new paradigm is emerging for the purpose of healing all separation. The popular term, "The Divine, is in me"-makes "me" separate from the Divine. May I suggest a shift in the saying to: "The Divine, AS me" to remove the separation.

As we move from genetics and concepts like Soul, "Soul Mates" and "Soul work," we move beyond physical diagnosis, into a new field of quantum physics. In this new field, where consciousness is seen as a unified field where everything is everything else, (T.O.E. Theory - The Theory of Everything) —there are no boundaries. There is no "this" or "that;" no you or me. It is a pure field of awareness — consciousness. I solved the dichotomy

about "we are not our body" by changing my perception of genetics to energetics - realizing that we are not meant to ignore our physiology, but recognize the body as energy, vibrating at a very dense frequency.

Repairing DNA

I was first introduced to DNA in 1988 when I was going through a transitional period, during which I felt that I had come to the end of everything that I believed. A tape was given to me of a gentleman speaking in an accent, (which I thought at the time, was rather boring), and I didn't understand what he was talking about. Then all of a sudden, as I was ready to turn it off, he said: "Quantum physics has found that there is no empty space in the human cell, but it is a teeming, electric-magnetic field of possibility or potential." That's all he said! But whatever frequency was contained in those words, RESONATED something inside the CORE of my BEING—and I had a KNOWING in me that the NOTHING I thought I was looking at was the EVERYTHING. Much like in Zen, and the idea of becoming "as an empty bowl." Eastern Religions (including the Bible) refer to it as the VOID—The Nothing that is EVERYTHING—The Womb of Creation. I knew that I was experiencing a re-birth! The person on that tape was Dr. Deepak Chopra.

I had never heard of Deepak Chopra in 1988, as he was just coming on the scene about that time. I credit him for a very important transition in my life, just from the statement he made on that tape. Today, in retrospect, I would call my response to that statement a "cellular memory experience." We know that intelligence is stored within the cells of the body, and when the right resonance comes and releases that information to become inherent information or inherent KNOWLEDGE – that comes from the true Self. That is why so many of us seem to jump form one stimuli to another looking for what will resonate in us.

The work being done today with energy at the cellular level really excites me, since I had been very interested in DNA before it became a household word. In fact, I think it took me two years just to learn how to pronounce it (deoxyribonucleic acid did not roll off my tongue quickly). But, I was determined to understand this tremendously powerful energetic blueprint for life, as we know it, at the cellular level on this planet. DNA became a part of the collective consciousness when CNN produced a special on the Genome Project in 2000.

As I pursued my passion for the study of DNA, I attended a workshop by Dr. Robert Girard from California on DNA Activation. His work focused on using certain sounds and frequencies to activate DNA and I started doing DNA Activation workshops. Through those workshops, an article was given to me that reported how biochemists are using the frequency 528 Hz to repair human DNA. The article stated that it was a "C." When I read that I thought, "All I would need to do is go to a piano or other instrument and play a "C" and then, in the DNA workshops we would be able to repair DNA."

Well, it wasn't that simple, because I discovered that the regular "C" that we all know of in this culture (which is from the diatonic scale of do, re, mi, fa, so, la, ti, do) was not the 528 Hz frequency "C", as described in the article. Instead, I discovered that a regular "C" vibrates to a frequency of only 512 Hz, and that the "C" of 528 Hz used in DNA repair had been a part of an ancient scale called the Solfeggio Scale. Moreover, the difference in the scales existed because of different tuning methods that were utilized in ancient times, vs. those

in general use today. Later, we will explore that difference between how we create music today vs. how we used to create it, and how that simple change has made all of the difference in the world.

How I found out about the Ancient Solfeggio Frequencies

I found this ancient scale to be part of a 6-tone scale sequence of electro-magnetic frequencies called the Original Solfeggio Scale through the book "The Healing Codes of Biological Apocalypse" by Dr. Leonard Horowitz. These particular frequencies were rediscovered by Dr. Joseph Puleo, who received them in a wonderful experience that some would suggest was mystical. These frequencies are not something new, but they are something very old.

I shared the information about these frequencies with a musician friend who had a studio in her home. After reviewing the information, she decided that she would like to experiment with these frequencies in the form of meditation music. She was also in touch with Jonathan Goldman (author of the book, "Healing Sounds") and he knew of these frequencies, and was using them in some of his music such as "The Lost Chord" CD. Aryiana requested that he have the tuning forks made for her to research the frequencies. I asked if she could also have a set made for me.

After I received the tuning forks and began talking about them around the country, I noticed that people were resonating with the information about these powerful frequencies. It felt as though something was going on in a much larger picture. We were connecting energetically to this information, and yet I didn't know what I was going to do with the tuning forks. Then people began to ask if I could use the tuning forks on them. From those experiences, and with information I had gathered, a method and technique began to develop. I called the technique Soma Energetics TM, which is designed to utilize the optimum energy of the Solfeggio frequencies using tuning forks. Soma, meaning "body" in the Greek, combines the wholistic idea of the body as an energy field - Soma Energetics TM.

When starting these first tunings, the main frequency that I knew the most about was 528 Hz – that biochemists are using for DNA repair. I realized that the right side of the body is controlled by the left-brain, and the left side by the right brain and that these correspond with our inner male and female energies. As I took the fork down each side of the body, I could get in touch with the dominate ancestral DNA that comes thru the Mother's side or Father's side of the chromosomes. I would many times get a tremendous imbalance in the sound between the two sides. The purpose of energy work, as many of you know, is to attain balance. For example, if everything is in balance, such as the ph level, the physical body can heal more naturally. It's the same way in our energy bodies. If we can find that energy balance, that equilibrium, where everything aligns or everything comes into synchronization into the rhythm of the dance of life – then healing becomes the natural state. It's nothing supernatural, or miraculous. I think a lot of spiritual texts have referred to this idea when they describe, "going home to heaven." Heaven, to me, is the complete synchronization with higher frequencies and vibrations of creation being totally entrained. In other words, being in a state of at-one-ment.

When I would continue to do the technique, the sound would begin to even out between the male and female sides of the body, and the client would indicate they were "feeling" a shift. As that would occur, I was totally amazed, and asked myself, "What is happening here?" Although I've been a speaker of spiritual things for over 40 years, I can't tell you that I've been the most intuitive person in the world. All of a sudden I started having certain feelings about what to do with the forks. I found that at some point in working with the client, I stopped "doing" the tuning forks (being the initiator of the technique), and they started "doing me" – seeming to direct the movement of the Forks! After hundreds of tunings and positive testimonies, I have learned to trust the Ancient Solfeggio Scale frequencies in the form of Tuning Forks as a legitimate modality.

Energy and Relationship

Everything is relationship. I remember Dr. Fred Wolf, who is a physicist stating on a tape "Everything is consciousness." He further noted, "When you are observing an object, on some level the object is observing you." As I listened to that statement, I thought it was strange. I then realized that because something doesn't have a human consciousness, as I do, that doesn't mean it doesn't have it's own consciousness. Apparently, observing something changes it on some level – that the observer, and the observed are one.

I treat the Solfeggio tuning forks as a conscious "entity." They are energy, they're vibration, they're frequency – the client is vibration, frequency and energy – I am vibration, frequency and energy. All of that coming together begins to produce a synergetic experience that takes place on many levels. The energy bodies that we focus on using the Solfeggio Frequencies are the physical, the etheric, the mental/emotional, and the astral.

Sound, Vibration and Form

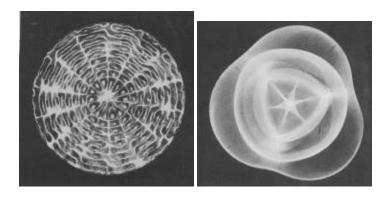
For more than 200 years, researchers have been validating the connections of Sound and Vibrations on physical form. The first to make that connection was German scientist Ernst Chladni, who, in 1787, detailed his research in his book "Discoveries Concerning the Theory of Music." In that pioneering work, he explained ways to make sound waves generate visible structures. He detailed how a violin bow, drawn at a right angle across a flat plate covered with sand, produces patterns and shapes. Today, those patterns and shapes are called Chaldni figures. (Coincidentally, Chaldni died in 1829, the same year as Beethoven. Mozart, a Free Mason, heavily influenced Beethoven about the mathematics of music, and likely influenced Chaldni as well). 1

In 1815, Mathematician Nathaniel Bowditch followed up on Chaldi's discoveries. He concluded that the conditions for these designs to arise were because the frequencies, or oscillations per second, were in whole number ratios to each other—such as 1:1, 1:2, 1:3 and so on.2

The study of wave phenomena, the ability of sound to organize and repattern matter, is called Cymatics. According to John Beaulieu, in Music and Sound in the Healing Arts, "Form is the more elusive component of sound. Sound-forms can be seen by subjecting mediums such as sand, water, or clay to a continuous sound vibration." The following pictures taken by Dr. Hans Jenny are sound-forms. They were obtained by placing various mediums on a steel plate with a crystal sound oscillator attached to the bottom. The Oscillator creates

a pulse, which vibrates the steel plate. The forms on the plate are examples of sound organizing matter." Jenny also "noticed that when the vowels of ancient languages like Hebrew and Sanskrit were pronounced, the sand took the shape of the written symbols for those vowels. "Modern languages, including English, failed to generate those patterns."

"Space is not empty. It is full, a plenum as opposed to a vacuum, and is the ground for the existence of everything, including ourselves. The universe is not separate from this cosmic sea of energy." David Bohm



Jenny concluded that were examples of cymatic elements everywhere—"vibrations, oscillations, pulses, wave motions, pendulum motions, rhythmic courses of events, serial sequences, and their effects and actions"—and they effected everything including biological evolution. The evidence convincingly demonstrated that all natural phenomena were ultimately dependent on, if not entirely determined by the frequencies of vibration. He argued that physical healing could be aided or hindered by tones. Different frequencies influenced genes, cells, and various structures in the body, he claimed.

Vibration of Music of the Spheres: "Every cell pulsates, reflects and interacts with acoustic oscillations of the medium. Even the earth and sun vibrate in unison based on a main rhythm of 160 minutes. Each musical note is therefore united to non-audible notes of higher octaves, and each symphony to other symphonies that we do not hear, and although they make our cells oscillate and possibly resonate. Even DNA has it's own melody. The musical nature of nuclear matter from atoms to galaxies is now recognized by official science." 3 In " Molecules of Emotion," by Candice Pert, Ph.D., she writes, "... basically, receptors function as scanners (sensing molecules, on a cellular level). They cluster in cellular membranes, waiting for the right ligand (much smaller molecules than receptors), to come dancing along (diffusing) through the fluid surrounding each cell, and mount them – binding with them and (tickling) them to turn them on and get them motivated to vibrate a message into the cell. Binding of the ligand to the receptor is likened to two voices, striking the same note and producing a vibration that rings a doorbell to open the doorway to the cell."

Poet Cathie Guzetta summarized this science best when she wrote:

"The forms of snowflakes and faces of flowers may take on their shape because they are responding to some sound in nature. Likewise, it is possible that crystals, plants, and human beings may be, in some way, music that has taken on visible form."

How Did The Solfeggio Frequencies Get Lost?

I discovered that these powerful frequencies had been given to the church many years ago for a very spiritual purpose. This was back when the church was a wonderful place for the people in the villages to gather together. The church served as a social, political, and spiritual place. People came to Mass, which at that time, was done in Latin (until Vatican II came along). When people sing in Latin or musical tones, it is very powerful, because it gets through all of the limited thought forms, and into deeper levels of the subconscious – accessing insights beyond belief systems.

As described above by Dr. Candice Pert, PhD, energy and vibration go all the way to the molecular level. She states that we have 70 different receptors on the molecules and when vibration and frequency reaches that far they begin to vibrate. Moreover, she observed, "as they begin to vibrate they sort of touch each other, and tickle each other, and they play and mount each other." It's this whole energetic dance ritual, at the cellular level, that opens the chromosomes and exposes the DNA to the frequencies. When we do toning, drumming, chanting, or tuning forks – it can be a way to direct energy for transformational purposes.

Vibration and sound can be used, like most things, either with positive intention or negative intention. Used negatively, it's nothing more than control and manipulation. Most of the world has been built upon control and manipulation by the way we communicate thru language. A lot of different texts, such as the Bible, talk about the importance of just making Sound—whether it's chants, drumming, or speaking in tongues (such as the charismatic fundamentalists do), they are just different ways that people are accessing deeper levels of themselves. I suggest to you that the Solfeggio Tuning Forks are an even purer ways of doing that with positive intention.

When Dr. Joseph Puleo was researching the tones, he was directed to a Monsignor at a university in Spokane WA, who was head of the mediaeval department. Following a 20 minute conversation, the

"Can you decipher Mediaeval Latin?"

'Absolutely!'

'And you know the musical scale and everything?'

'Absolutely!'

'Well then, could you tell me what 'UT - queant laxis' means?'

After a brief pause, the Monsignor quipped, 'It's none of your business'

Then he hung up."1

Additionally, as Dr. Puleo researched the tones further, he came across a book on Gregorian chants by Professor Emeritus Willi Apel who "argued that the chants being used today were totally incorrect, and undermined the spirit of the Catholic faith." I Moreover, Professor Apel reported that "one-hundred fifty-two chants were apparently missing. The Catholic Church presumably "lost" these original chants. The chants were based on the ancient original scale of six musical notes called the Solfeggio." I Trust me, nothing is lost, it's just neatly put away; however, they cannot hide from the masses what is energetically placed within the Soul.

According to Professor Willi Apel, 1 "The orgin of what is now called Solfeggio...arose from a Mediaeval hymn to John the Baptist which has this peculiarity that the first six lines of the music commenced respectively on the first six successive notes of the scale, and thus the first syllable of each line was sung to a note one degree higher that the first syllable of the line that preceded it. By degrees these syllables became associated and identified with their respective notes and as each syllable ended in a vowel, they were found to be peculiatly adapted for vocal use. Hence "Ut" was artificially replaced by "Do." Guido of Arezzo was the first to adopt them in the 11th century, and Le Marie, a French musician of the 17th century added "Si" for the seventh note of the scale, in order to complete the series."

Further research states that, "Pope Johannes later became a saint - Saint Johannes - and then the scale was changed. The seventh note "Si" was added from his name. "Si" later became "Ti." These changes significantly altered the frequencies sung by the masses. The alterations also weakened the spiritual impact of the Church's hymns. Because the music held mathmatic resonance, frequencies capable of spiritually inspiring mankind to be more "Godlike," the changes affected alterations in conceptual thought as well, further distancing humanity from God." In other words, whenever you sing a Psalm, it is music to the ears. But it was originally intended to be music for the soul as well or the "secret ear." Thus by changing the notes, high matrices of thought and to a great extent well being, was squelched. Now it is time to recover these missing notes." 1

I'd heard of do, re, me, fa, so, la, tí, do. I particularly responded to it whenever I hear that song by Julie Andrews from "The Sound of Music." I literally have a "brain cell firing" as it is engraved into my brain, and I see her coming over the mountain in the movie. I didn't realize this was actually a second, modified scale. The original Solfeggio scale was actually: UT, RE, MI, FA, SO, LA.

Looking at the definitions of each of the original syllables, using hidden entries from Webster's Dictionary and the Original Greek Apocrypha, I have determined that these original frequencies can be used for: Turning grief to joy, helping the person connect with their Source to bring forth miracles, DNA repair, connecting with spiritual family, solving situations & becoming more intuitive, and, finally, returning to spiritual order.2 Through music these tones can assist all the channels in staying open and keep the life force (the Chi) literally flowing thru the Chakra System quite freely. Is this is what the six electro-magnetic frequencies were to accomplish that were put into "lost" hymns and Gregorian chants?

I think we are living in a tremendously wonderful time, and rather than seeing the glass as "half empty," I see it as "half full." Rather than accepting "CNN's perspective" of the world view, it's about finding perspective thru the vision of your own heart. It is about change and transformation of mankind to the next level of evolution. We, as Spiritual Light Workers, have made ourselves accessible at this time, by Divine Appointment, to be here to help those in humanity who choose (it's all based upon irrevocable choice) to stay, or to go. Those who have chosen to stay will come into our lives, and we have already agreed to assist them.

It's all about assisting other people. It's not to be their "Healer," but to assist them in knowing who they are and connecting with their true Source. It is about providing an atmosphere of non-judgement, a Sacred Space, for the purpose of healing themselves. We should be continuously teaching while assisting people. The old

paradigm teaches us to keep the information among the professionals. The new paradigm is to share the information, and empower the client. Everyone you work with—whether it's Reiki, Massage, Tuning Forks or other modalities you are using, you should feel that you've empowered that person, so they can extend this information to someone else. Healing has become about our evolution by reconnecting our additional strands of DNA. Healing is also about assisting the person in restoring themselves to a state of "Spiritual Wholeness."

- 1 "Healing Codes for the Biological Apocalypse" by Dr. Leonard Horowitz, p. 345-6
- 2 bid.
- 3 From "Man's Cosmic Game" by Guiliana Conforto

The 3, 6, and 9

As we look at the six original Solfeggio frequencies, using the Pythagorean method, we find the base or root vibrational numbers are 3,6, & 9. Nicola Tesla tells us, and I quote: "If you only knew the magnificence of the 3, 6 and 9, then you would have a key to the universe."

John Keely, an expert in electromagnetic technologies, wrote that the vibrations of "thirds, sixths, and ninths, were extraordinarily powerful." In fact, he proved the "vibratory antagonistic thirds was thousands of times more forceful in separating hydrogen from oxygen in water than heat." In his "Formula of Aqueous Disintegration" he wrote that, "molecular dissociation or disintegration of both simple and compound elements, whether gaseous or solid, a stream of vibratory antagonistic thirds, sixths, or ninths, on their chord mass will compel progressive subdivisions. In the disintegration of water the instrument is set on thirds, sixths, and ninths, to get the best effects."

In the book of Genesis it states that there are six days of creation. Yet many talk about the creation week – or seven days, and the Christian Bible views the number seven as the number of completeness. Why Seven? It is due to the influence of the Near Eastern culture at the time in which Jesus lived, when it was believed that there were only seven planets.

When wrestling with adding a 7th number, I was mystically drawn to an article in Discover Magazine. In his newest book, Just Six Numbers, Rees argues that six numbers underlie the fundamental physical properties of the universe, and that each is the precise value needed to permit life to flourish. In laying out this premise, he joins a long, intellectually daring line of cosmologists and astrophysicists (not to mention philosophers, theologians, and logicians) stretching all the way back to Galileo, who presume to ask: Why are we here? As Rees puts it, "These six numbers constitute a recipe for the universe." He adds that if any one of the numbers were different "even to the tiniest degree, there would be no stars, no complex elements, no life." (From Discovery Magazine). As some authors have speculated, could these tones have played a role in the miraculous shattering of Jericho's great wall in six days before falling on the seventh day? Some scientists are now stating that if we have been created, we most likely would have been sung into existence. Is it possible that the six days of creation mentioned in Genesis represent six fundamental frequencies that underlie the universe? Religious scholars believe both events occurred as a result of sounds being spoken or played.

Other scientists, including the geniuses Nikola Tesla, Raymond Rife, as well as Mozart, Haydn, Beethoven, and Chladni, all must have known about, and used the concept of, the inherent power of threes, sixes, and nines. So we are dealing with three powerful numbers: 3-6-9. Everyone of the six Solfeggio Tuning Forks all add up, individually to the Pythagorean scheme of 3-6-9. In fact, because there are two sets of 3-6-9 (anagrams) in the solfeggio, they are even more powerful as these combinations serve as "portals" to other dimensions!

Just Intonation - 12 Tone Equal Temperament

As I observed earlier, another reason these Ancient Solfeggio frequencies became "lost" was because of the change in tuning practices throughout history. The standard tuning method for the past 200 years is quite different from the tuning practices dating from antiquity through about the 16th century A.D. These ancient tuning practices used a system of tuning known as Just Intonation. The tuning practice adopted for western cultures during the 16th, 17th, and 18th centuries, and used today, is known as Twelve-Tone Equal Temperament. The explanation of the fundamentals of these tuning systems is far too complex for this agenda, but the following quote from a book written by David B. Doty, titled The Just Intonation Primer, should give an idea of the confinement that music has been relegated to. "Essentially, music has been placed in a box of limitations"— as the result of the rigidity imposed by the Twelve-Tone Equal Temperament tuning standards in use today.

"Although it is difficult to describe the special qualities of Just (Intonation) intervals to those who have never heard them, words such as clarity, purity, smoothness, and stability come readily to mind. The supposedly consonant intervals and chords of (12-Tone) Equal Temperament, which deviate from simple rations to varying degrees, sound rough, restless, or muddy in comparison."

Just Intonation can be found in many of the great Fathers of Classical Music – Beethoven and Hyden, just to name a few. They did not use this 12-tone temperament and I think that is why we have a richer experience when we hear music that was composed several hundred years ago. Classical Music based on Just Intonation gives us a different rapport with time and space and brings us into our higher chakras.

Native American chanting is many times based on Just Intonation. The chanting seems to sound monotone, but we are finding out that within the monotone sound is multi-dimensional harmonics.

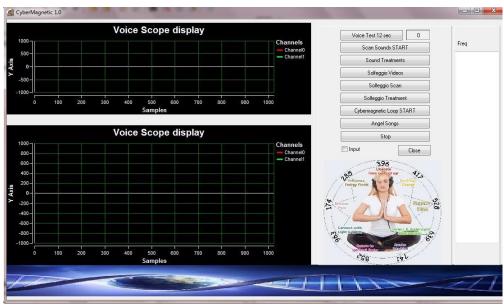
How these different types of tones affect our health

Consequently, since all music in our contemporary world (from commercials, to modern hymns and symphonies) has been composed utilizing the 12-Tone Equal Temperament Scale, they all have vibrational limits. As a result, vibrational frequency of the tones of modern music can create situations such as "boxed-in thinking," stuffed and suppressed emotions; and fear-based "lack" consciousness—all of which then tend to manifest into physical symptoms of "dis-ease."

This is in contrast to music created from the Ancient Solfeggio Scale, which stimulates the vibration of expanded creativity, easier problem solving and holistic health.

Again, it should be noted that although there are contemporary notes that approximate the Solfeggio tones, they are not the same frequencies as the ancient tones. Example: The Solfeggio tone, Mi. vibrates to 528 Hz. The closest, comparable, contemporary tone is C, above Middle C, which vibrates at 512 Hz. Our research indicates that the vibrational frequencies contained in the Solfeggio tones hold these original healing potentials.





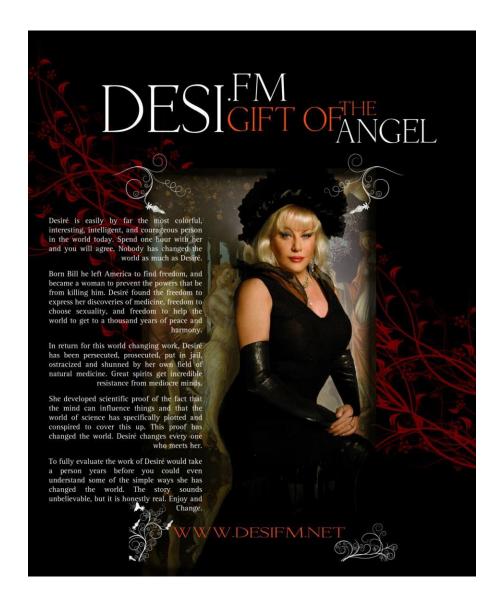
In Music in between each note (tones and semi tones) there is a range of frequencies which (because most music is still now tuned base on middle A being 440Hz the Concert Pitch) we never hear 528 Hz from a musical instrument tuned to concert pitch. So the Church knew that by shifting the concert pitch musical scale up a few Hertz, the general public would not get the natural energy elevation that the Monks and Priests would from these frequencies.

I am sure you know better than I that there are frequencies that energize/heal and enlighten humans and frequencies that weaken them cause confusion and degeneration....Desire' has made a histogram of all musical frequencies that hit us today and the ratio of regeneration vs. degeneration. Frequencies are not good. Most music and sounds are degenerative 1.9 to 1 regenerative.

You will find that most of Michael Jackson's music was not based on concert pitch. Desire's has tuned her voice to reach and harmonically accentuate these healing tones which is why some people love Desire's voice. While people trained in concert land academies do not like the difference in her voice.

Desire' has made healing music of many types to help people with different health issues. The SCIO system uses a cybernetic feedback loop to measure and give the energies the body electric of the patient need and thus eliminate the verbal mind interference.





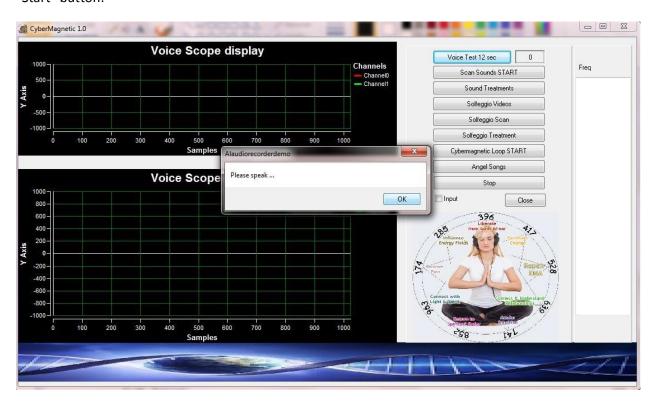
Cybermagnetic Voice and Sound Therapy

Years ago there was a device that was designed to play music and then adjust the music to stimulate relaxation. Thus as the music plays thru the body muscle tension inhibits the flow of the music. Since our CYBERMAGNETIC system can make music with the CD player, hear music with the Microphone, and adjust therapy outlet thru the CYBERMAGNETIC harness, we have all the essential ingredients to do the same. To Operate this, simply pick a piece of music from the CD music selection on our relax music CD. Then push the activate CD button. After the CD is activated then when ready push the Music therapy button. The quality of this will depend on the quality of your soundboard, speakers or headphones, and microphone. This can be used as super-learning, relaxation, or muscle therapy.

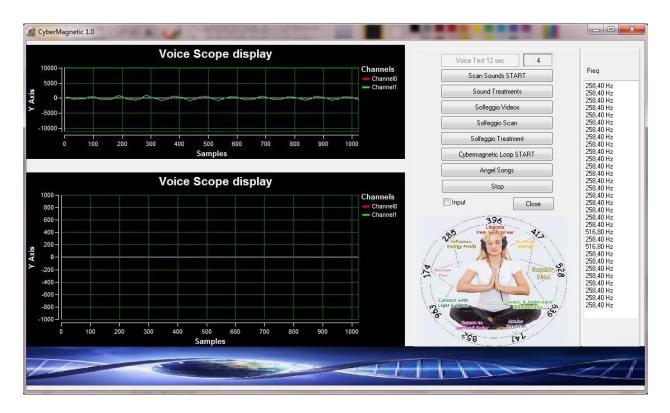
Set time for therapy in minutes (approximate as the device is self-adjusting). Reports on muscle relaxation patterns are available on the right of the screen. Deep muscle relaxation is then developed

into the patient in minutes rather than hours. Be careful as the device then also increases suggestibility dramatically.

This program is used to detect voice stress and vibrational disturbances or missing vibratory qualities in the voice. To operate as directed, Use a microphone put into the input of your sound board. Have the patient start by saying the sound '*Their name and A,E, I O U'* for fifteen seconds after you strike the "Start" button.



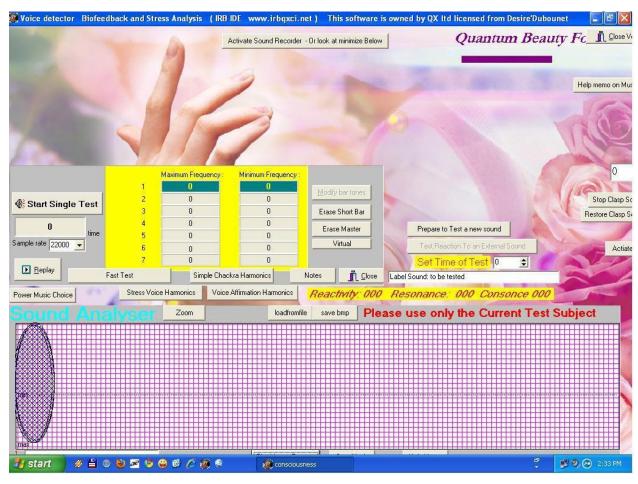


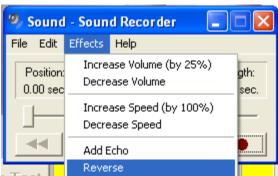


Try to have the volume loud enough to have the voice pattern come to at least the broken line on the sound panel in the upper left. If the voice is not loud enough the system will work but accuracy is lowered, make sounds loud enough to touch the min line. Try to keep the sounds between min and max. You might have to lower or tune your volume of the sound board or microphone. Use the 'Stress Voice Harmonics' or 'Voice Affirmation Harmonics' to test the emotions of a person while saying any text. Readings of voice patterns and emotions are available.

Then construct a bar of music for the patient by striking the "Construct" button. Listen to the sounds with the Play short bar one button. If you like the sounds the record them to the master with the record Button. If you want the computer to revise and condense the sounds for more acceptability then use the "Modify" button. then choose to store or erase the sounds. Do the same for the sounds "AEYY", "EEE", "I', "Ohhh", "UUU", and finally the sound of the patient saying their own name and occupation. This allows for the generation of a seven bar tone personal symphony for the patient.

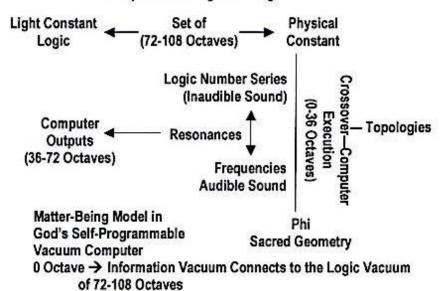
This can be revised trimmed and altered for the patient by deleting or adding tone numbers. We used the piano tones in this first version. The future versions will use other types of sounds, but this version can start a patient into developing a personnel type of power or relaxation music. A competent musician can help make the process complete. The virtual button will disable the electrical contact of the harness. The Restore button will restore the link. The chakra panel will show the reflex of each tone to the chakra of the patient. Just doing this exercise is therapeutic to the client's energy chakra. The storage available at present is into the notes file. Store the note numbers into the file and store the patient file. Recall this later to play the notes.

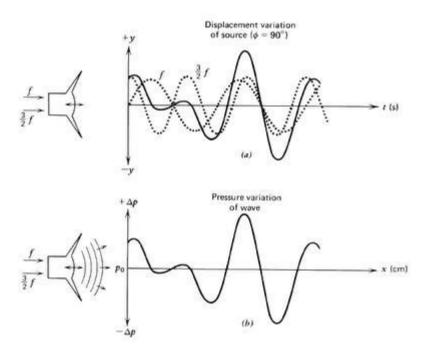


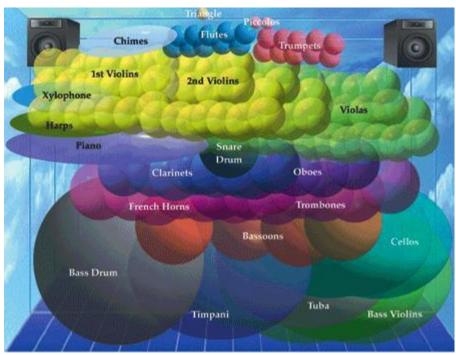




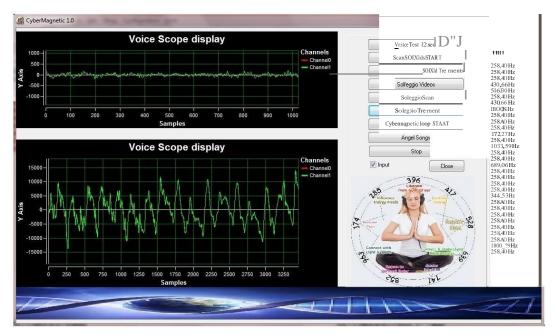
Computer Reading-Encoding

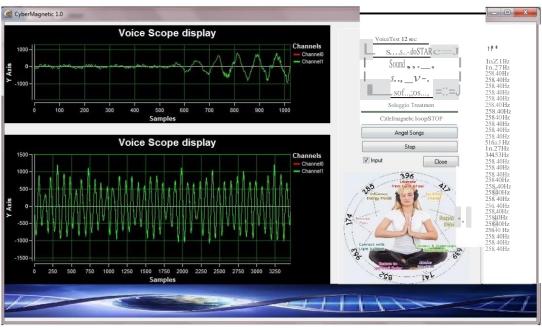


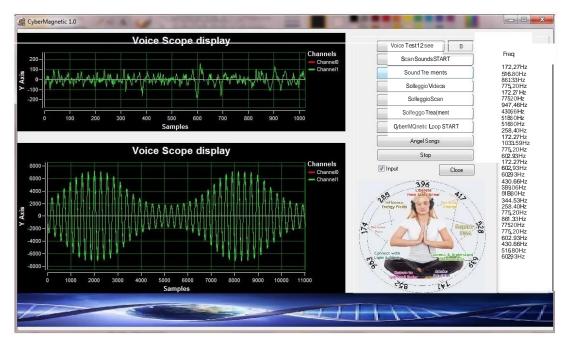


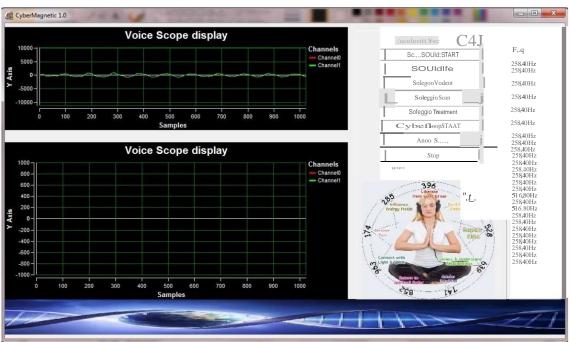


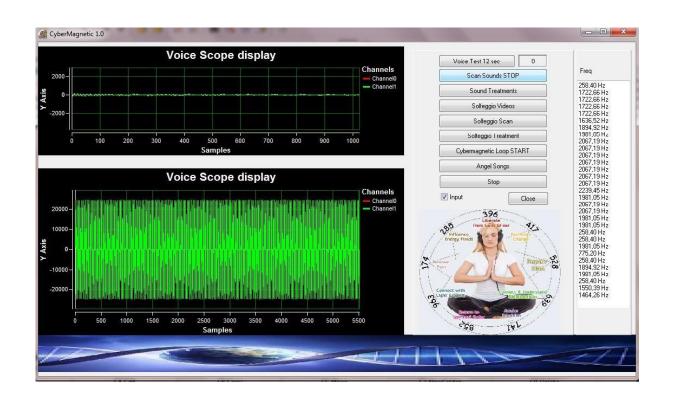


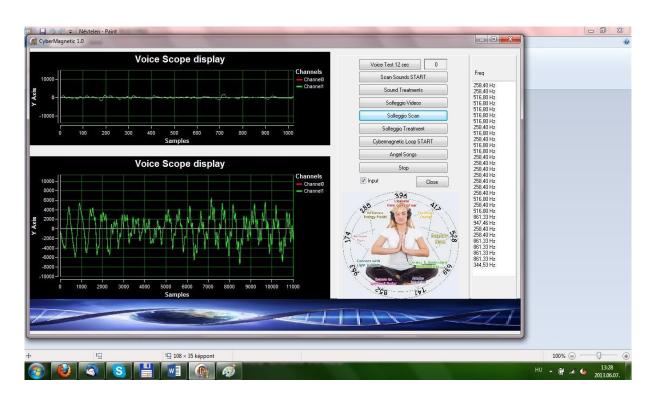


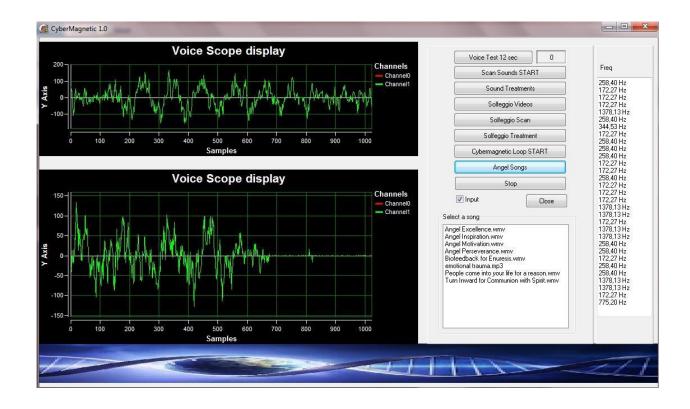


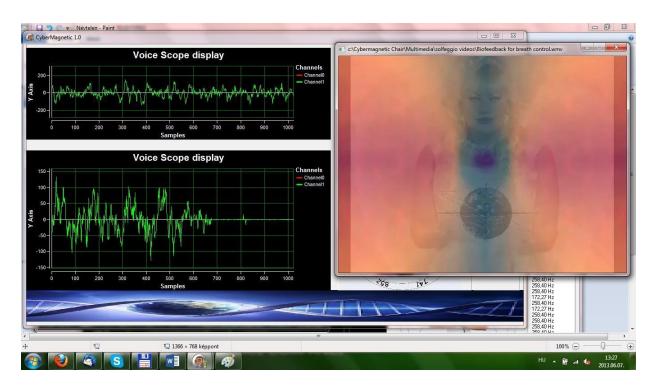












Sacred Geometry and the Structure of Music

Legend recounts how Orpheus was given a lyre by Apollo. By playing his lyre, Orpheus produced harmonies that joined all of Nature together in peace and joy.

Inspired by this Orphic tradition of music and science, Pythagoras of Samos conducted perhaps the world's first physics experiment. By plucking strings of different lengths, Pythagoras discovered that sound vibrations naturally occurred in a sequence of whole tones or notes that repeat in a pattern of seven.

Like the seven naturally occurring colors of the rainbow, the octave of seven tones — indeed, all of Creation — is a singing matrix of frequencies that can be experienced as color, sound, matter, and states of consciousness.

This correlation of sound, matter, and consciousness is important. For as Stanford physicist William Tiller has proved, human consciousness imprints the space and matter of the universe. It is our intent that gives the direction and quality to Creation.

I believe that this matrix of Creation is waiting for us to sound the most harmonious vibrating chord — to sound the universe itself into a perfect, idealized form.

The Music of Atomic Shapes

The Platonic solids, basic shapes of Sacred Geometry, are five three-dimensional geometric forms of which all faces are alike. And each platonic solid represent one of the five elements of creation, as follows:











- 1. Tetrahedron Fire
- 2. Cube Earth
- 3. Octahedron Air
- 4. Dodecahedron Ether
- 5. Icosahedron Water

These five Platonic solids comprise the alchemical dance of the elements and of Creation itself. My introduction to the spiritual power of sound began with an experience of this truth.

This happened many years ago, when I was studying with Michael Helios — who is for me a reincarnated Atlantean wizard. Helios discovered the musical proportions and corresponding tone scales for each of the Platonic shapes. He even tuned his keyboard to specific frequencies in order to achieve exact proportions.

During his presentations, he would play the scales and geometries of each shape, without disclosing to his listeners which geometric shape he was playing. Participants meditated on each

piece as he was playing it, and then described which of the shapes they had experienced.

The results were extraordinary. Every Platonic solid was correctly perceived, felt, and "seen" during each of the five musical meditations. As a participant myself, this was my first experience of realizing the power of musical transmission and its potential to specifically re-order creation.

This is exactly what the ancient mystics and scientists had always been telling us!

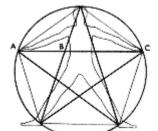
The Dodecahedron, the Universe, and the Human Form

When Michael Helios played his five compositions, I was most profoundly affected by the Dodecahedron. This shape can be seen to represent the order of the heavens and also the perfect mediation between the infinite and the finite — the sphere and the cube.

So let us look more closely at this as one example of the sacred geometric forms that permeate Creation. Through seeing the simplicity and complexity of the Dodecahedron in its relationship of shape and sound, perhaps we can intuit the rest. And through understanding our relationship to the Dodecahedron, perhaps we can begin to sense our own place within the Divine Song that is Creation.

The Dodecahedron is comprised of twelve pentagonal faces. It represents the fifth sacred element, the divine potentiality known as "ether."

Considering that the Dodecahedron is made up of five-sided faces, it is fascinating that quantum physics researchers in the US and France have recently concluded that, based upon measurements of cosmic waves left over from the so-called "Big Bang," the universe itself is a Dodecahedron!



Besides the fact that there are five platonic solids and five corresponding basic elements of life, it can be shown that the entire human race is joined in these same basic sacred proportions. For the physical body, with the arms and legs spread, is overlaid by a pentagram, with the fifth point being at the top of the head and the reproductive organs at the exact center.

And each of these points also relates to the number five: five fingers at the terminus of each arm, five toes on each leg, and five openings on the face. Additionally, we each possess five senses of physical perception.

So the Golden Mean proportions of the cosmos and our body temples are closely aligned with the harmony of the musical fifth.

If we can imagine the dodecahedronal-pentagonal shape of this One Song that is the universe, together with the pentagram geometry of the human body, we find inherent in both a divine proportion and a potential for harmonic perfection. The universe and humanity ARE singing geometries. And it is we ourselves who embody the geometry of the cosmos!

Phi and the Musical Fifth

To follow this discussion, we first need to know that the Golden Mean and the Pentagram are closely related. For the angles of the five sides of a Pentagram are at a ratio of exactly 1.618 — the Golden Mean ratio, known mathematically as *phi*.

The fifth is the interval found in most sacred music, and has a powerful harmonizing effect on the human energy system. It is the first harmonic sounded by a plucked string, and is what gives the note its depth and beauty. Its sacred sound is the hallmark of the Gregorian chant. In fact most divinely inspired music, including some New Age music and that of indigenous cultures, is built around the musical interval of the fifth.

This music-geometry connection is well stated by Goethe, who said, "Sacred architecture is frozen music." The same is true of the "architecture" of the human body.

It was Pythagoras who first described the fifth interval that has come to be universally recognized for its beauty. It is "an archetypal expression of harmony that demonstrates the 'fitting together' of microcosm and macrocosm in an inseparable whole. The fifth is a beautiful sound because it demonstrates how the universe works."[1]

And in building the *phi* proportions, along with those of the other musical intervals, into the designs of cathedrals and temples, the architects also are building in the effects of the musical intervals upon which the sacred proportions are based.

These effects, immediately experienced as harmonious, powerful, and centering, can be experienced first-hand when one enters a Gothic cathedral or an ancient Egyptian temple. Being inside such a space helps us to access other dimensions of consciousness. It is the same experience that is reached through listening to sacred music.



The Circle of Fifths and the Chakras

By applying the principles of progression to the harmonics of the fifth, we come to the Circle of Fifths: a musical sequence that prefigures the harmonic relationships of the human energy system. For the Circle of Fifths delineates the chakra system in the human body.

As we know, each chakra is a spinning wheel. Here, we will also note that each chakra comprises, in both sound and color, a literal mandala of geometries.

The musical tones and colors traditionally associated with the chakras are: C (root) red, G (throat) turquoise, D (belly) orange, A (brow) indigo, E (solar plexus) yellow, B (crown) magenta, and F# (heart) green.[2]

The interweaving of the chakras that we get by applying to them the Circle of Fifths represents a more complex system than the traditional, linear progression. And it is interesting to note that in sound healing, the connections between these "chakra harmonics" reflect a strong correspondence between our issues.

For example, in the Circle of Fifths progression, the root chakra (sexuality, survival, and money) is directly connected to the throat chakra (our expression; speaking our truth). And by working with these two chakras, we find that we can heal survival issues.

The Circle of Fifths and the Fibonacci Sequence

In the Circle of Fifths we see another way in which the musical scale is related to Sacred Geometry, for the musical progression is an exact parallel to the Fibonacci sequence.

As we know, the Fibonacci sequence starts with the number 1, and proceeds by adding the two previous numbers. So the second number in the sequence also is 1, then 2, 3, 5, 8, 13, 21, 34, 55, 89, 144, and so on. And a graph of this sequence almost exactly matches the spiral graph of the Golden Mean sequence. One is finite, the other infinite. "As above, so below."

Fibonnaci realized that the natural branching, flowering, and spiraling forms in Nature followed the same uniform laws found in musical scales, for his sequence mathematically predicts all of the intervals that comprise the chords of music.

Note	Α	Α	D	F	E	С	E	C#	F#	C#	D	F
Interval	roo t	octav e	4th	aug. 5th	5th	mino r 3rd	5th	3rd	6th	3rd	4th	aug. 4th

Sacred Geometry and the Chanting of Our World

Plato, discoverer of the "Platonic" solids, believed that music was the strongest of all life's influences. In his treatise the *Temaeus*, he describes the numerical (vibrational-musical) creation of the physical universe and the soul that animates it. He called upon his students to activate the ancient shrines and sacred temples of the earth with sacred song, employing "perpetual choirs" in order to echo the harmonies of the Heavenly Choir.

Plato's *Republic* describes the cosmos as being held together by eight spinning "whorls," like a giant spinning wheel with eight feminine weavers sounding the fabric of Creation. Each of the whorls contains a planet. And on each planet is a siren who sings her particular note and emits her specific color.

The work of German astronomer and mystic Johannes Kepler (1571-1630) focused on the five Platonic solids, their harmonic ratios, and how these shapes correlated with planetary orbits and sound frequencies. He found the musical tones of individual planets, and the musical scales of planetary movements. As Stephen Hawking reports, Kepler was even able to determine that "four kinds of voice are expressed in the planets: soprano, contralto, tenor, and bass."

In finding the music of the cosmos, Kepler showed that life forms on Earth follow the same harmonic principles as those found in the stars.

Temples of Sound

Similar knowledge has come out of the hermetic tradition, which saw its Western resurgence in the beginning of the second millennium. During this time, hundreds of Gothic Cathedrals were constructed across Europe, all inspired by this Eastern hermetic knowledge that had just been rediscovered by the mystical order known as the Knights Templar.

Excavating Solomon's Temple in Jerusalem, the Knights Templar discovered vaults of hidden artifacts and scrolls that described the alchemical sciences of

sacred geometry and architecture and their relationship to sound, astronomy, and genetics. Ancient sacred relics also are said to have been found, including the Ark of the Covenant, the Holy Grail, and secrets pertaining to Mary Magdalen and a Holy bloodline.[3]

Inspired by this material, the great Gothic cathedrals, including Chartres, Notre Dame, Salisbury, St.Denis, and Cluny, were designed and built using the principles of sacred geometry and harmonic acoustics.

Chanting and Millennial Shifts

Sacred music and chant is always with us. But surges in its popularity occur at the crucial millennial turning points. This was so during the beginning of the first millennium, at the inception of Christianity, and during the era of the Grail Romances, which began around 1000 AD. And now today, as we forge a new paradigm and write our "script" for the next one thousand years, chanting has again come into prominence.

The sacred architecture employed in the medieval cathedrals reflected specific acoustical properties that were conducive to the constant rounds of perpetual choirs maintained by the monks.

Author John Michell, who has researched the tradition of "perpetual choirs" in ancient Britain, reports that these choirs were maintained in at least three sites: Glastonbury, Stonehenge, and Llantwit Major in Wales. Together, the sites form the rim of a circle in the landscape, with the center at an old Druid site called Whiteleafed Oak.

Michel found that these sacred sites were equidistant from each other, and that their individual locations corresponded to sunrise points and sacred proportions.[4]

Similarly, sacred sites in other cultures also were laid out in geometric relationship to each other, and were maintained with sacred music and chant, synchronized with the seasons and cosmic cycles.

Emotion, Sound, and Form

Science is only now beginning to discover these interrelationships of sound and

matter.

Launching the new science of cymatics, Swiss researcher Hans Jenny (1904-1972) conducted experiments showing that inert powders, pastes, and liquids, when animated by audible, pure tones, would form into flowing patterns that mirrored those found throughout Nature, art, and architecture. He showed that there was a correlation between sound and form — that, in effect, the matter of the universe is a physical manifestation of vibration.



Ani Williams does private one-on-one sessions, conducts workshops on Sound Medicine, teaches people to be aware of the sounds in their lives, and focuses on the use of specific tones and group chanting.

She also performs worldwide and records her music, including the "Songaia Sound Therapy" CDs, which focus on specific tones for bringing in one's stressed or missing tones. She is a regular contributing writer for *Four Corners* magazine, and many of her healing stories are included in the North Atlantic Books publication *Earth Walking Skydancers*.

A dear friend to many of us who create the *Spirit of Ma'at*, Ani played for us on our night of departure upon the Southwest Pilgrimage, bringing the power of sound to our sacred journey. And her article on the healing power of sound was featured in our October 2002 issue about "The Music of the Spheres." For more information, please visit Ani's website at AniWilliams.com, contact her by email at Songaie@earthlink.net, or phone her at 928-204-1124.

And as several articles in the *Spirit of Ma'at* have reported, Dr. Masaru Emoto has proven over and over again, through photographing water crystals, that there is a geometrical correspondence between human thoughts and emotions and the very shape of the matter that surrounds us. Water, Emoto has shown, "treated" with love or beautiful music, undergoes molecular change into beautiful, harmonious geometrical forms. And the same happens in reverse: chaotic or "negative" thought and emotion cause the crystals of water to become unformed and unlovely.

These ideas are modern reflections of timeless principles well known to all ancient and indigenous cultures.

As Billy Yellow, a Navajo medicine man, sums it up: "Our task is to chant the world, chant the beauty. The world is a reflection of our chanting."



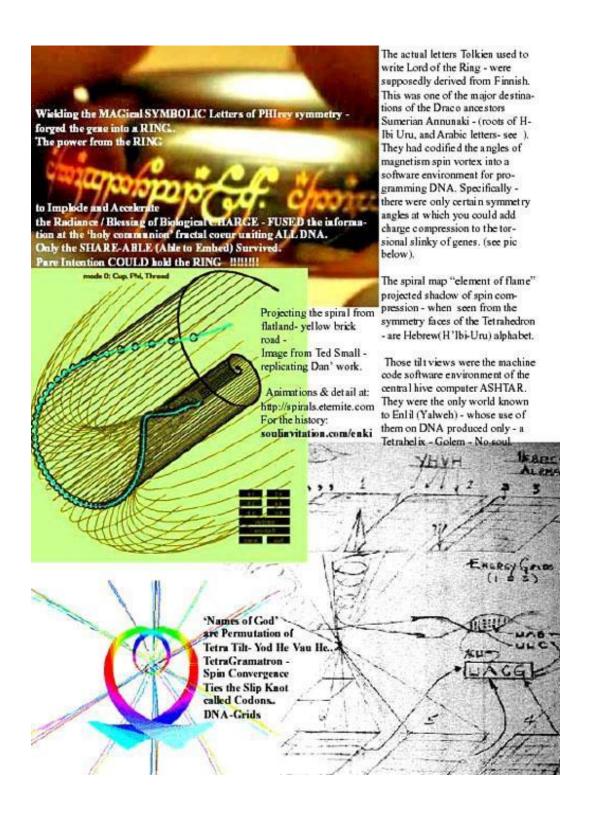
The Seven Hermetic Laws Wibration: Visible Light approximate

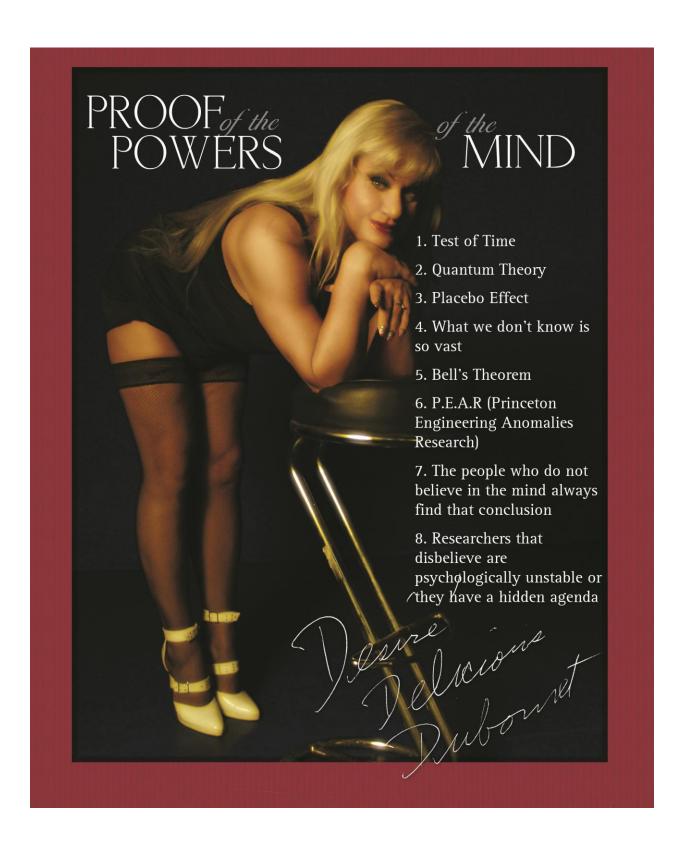
Vibration: Visible Light approximate wavelengths & frequencies

frequency wavelength = c (speed of light)

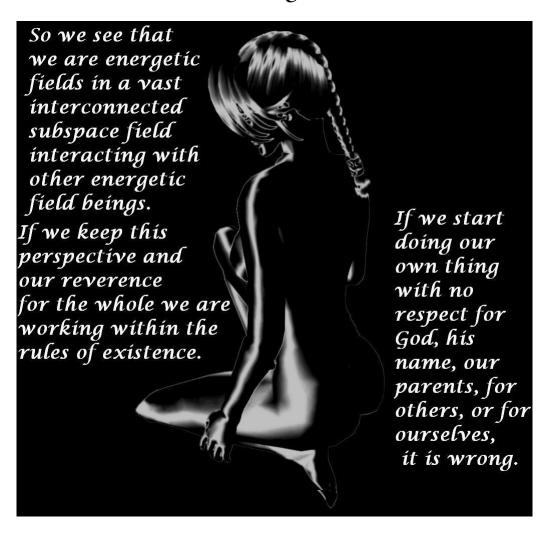
Color	Wavelength (nm)	Frequency (10 ¹⁴)	Keyboard Notes*
Violet	380-430	6.97-7.89	E,F
Indigo	430-450	6.66-6.97	E flat
Blue	450-500	6.00-6.66	D flat, D
Cyan	500-520	5.77-6.00	
Green	520-565	5.31-5.77	B, C
Yellow	565-590	5.08-5.31	B flat
Orange	590-625	4.80-5.08	А
Red	625-740	4.05-4.80	G flat, G, A flat

^{*} Harmonics are 40 octaves above A-440Hz





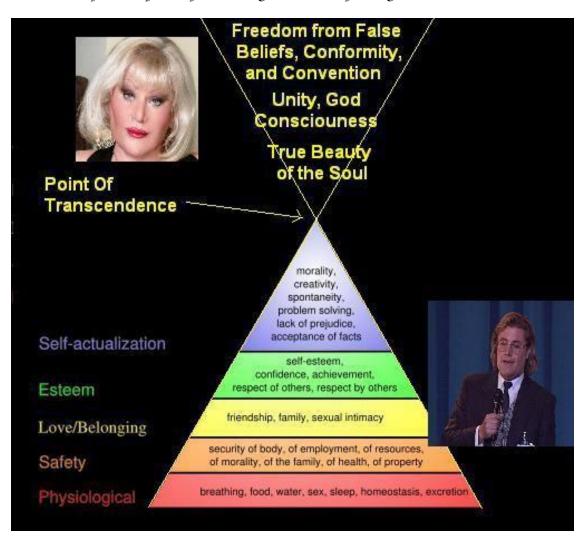
So we see that we are energetic fields in a vast interconnected subspace field interacting with other energetic field beings. If we keep this perspective and our reverence for the whole we are working within the rules of existence. If we start doing our own thing with no respect for God, his name, our parents, for others, or for even ourselves, it is wrong.



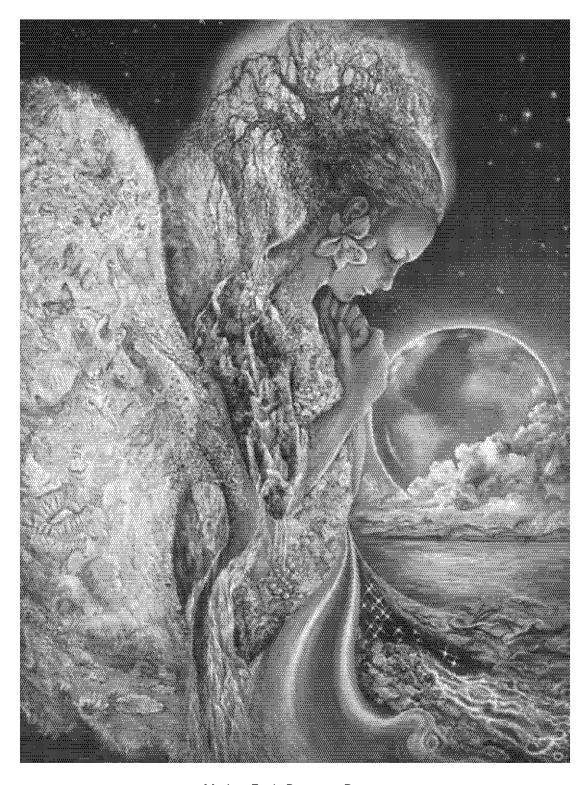


Matter is energy. Our bodies are made up of interacting subtle energetic fields that we cannot perceive. Some of these fields have a spiritual source that act on a person's spirit and soul. The soul is developed thru a process of guided self observations and discipline of the mind thru non-judgmental awareness. True soul development rarely happens due to man's unique ability to be distracted

from spiritual matters by words and everyday trivia. The spirit is sidetracked by emotional desires of greed, anger, delusions of false beliefs, arrogance and the need for conformity. So true spiritual development rarely happens. People seek to find a higher degree of humanity and achieve self actualization but few can transcend conformity and find a higher level of enlightenment.



Past the ten commandments of European and American culture the American Indian said what of mother Earth where is Mother Earth in your cosmology. There needs to be added a reverence for our planet to help stop our ravaged destruction of the planet for greed and money. So to the Ten Commandments we need to added treasure the land and remember what so sow you reap. If you use synthetic chemicals to sow, you will reap them.



Mother Earth Deserves Respect

Peace, Love, and Oxytocin

>> WEDNESDAY



DOCTORS HAVE known for a long time that oxytocin causes uterine contractions during childbirth. Oxytocin is a hormone. It also causes the mother's milk to "fall" (so the baby can breastfeed after birth). This much has been known for a long time. To induce labor, doctors inject a woman with oxytocin.

But researchers are discovering oxytocin has far more roles to play than this. And all its roles have to do with <u>bonding</u>.

The spike in oxytocin at birth <u>causes the mother and newborn to bond</u> — to have feelings of affection for each other.

But childbirth isn't the only thing that releases oxytocin.

Sex does it too. So does massage. Even touching does it. Oxytocin is released in a flood during an orgasm.

So what does all this have to do with raising your mood?

Feelings of affection and bonding *feel good*. Feeling close to someone is a pleasure. Oxytocin is the opposite of stress hormones. Oxytocin makes you feel <u>calm and relaxed</u>, trusting, <u>generous</u>, and affectionate. It makes you feel

unstressed. Some side-effects of oxytocin are: relaxation, <u>lower stress</u>, <u>better</u> <u>face-reading</u>, more open communication, feelings of connection, and feeling less isolated. Oxytocin also reduces pain and improves sociability.

All these results from oxytocin add up to one of the best moods you can have: The experience of feeling loved and loving.

The good news is that many of the things that produce oxytocin are in your control. You can take *actions* that increase those great feelings. The most important action you can take is to *touch more*. Touch and hug and hold hands with the people in your life.

In the 1960's, Sydney Jourard did an experiment to find out how often people touched each other in different countries. His study consisted of going to cities around the world and simply counting how many times people touched each other while sitting together in a cafe.

In Paris, the average was 110 times an hour. In San Juan (a city in Puerto Rico) — the highest average of any city — people touched each other 180 times per hour! In Florida, it was twice per hour, which wasn't quite as bad as London, where they didn't touch at all.

Have we improved how much we touch each other since then? I don't know. My guess is no, we haven't. It might even be less than it was in the 1960's. But that doesn't have to be the case with you personally.

You could do more touching, and it would have a positive effect on your mood, and on the moods of the people you love.

Being touched raises your loved ones' oxytocin level, and it will raise your own at the same time. Studies show getting a massage raises oxytocin level considerably. So does giving a massage. Even being in the same room with someone who has an elevated oxytocin level will elevate your own. Researchers aren't sure yet how this happens, but they have discovered that it happens. It might be something released in the air when oxytocin levels rise.

Another interesting feature of oxytocin is that it can create a positive or

negative self-enhancing cycle. When you don't get touched much, your oxytocin level is low, and when it's low, you don't *feel* like being touched.

The more your oxytocin level goes up, the more you *like* being touched and want to be touched. Touching then raises your oxytocin even more. It's a positive, upward cycle.

Start today adding touch into your life. Give massages to your spouse. A good way to learn massage is to get a DVD showing you how to do it. Massage is good for your health and is one of the most reliable ways to raise oxytocin.

The physical effects of massage (such as relaxing muscles and moving lymph fluid) are good for your health, but the rise in your oxytocin level may be even better for your health — recent research has shown a rise in oxytocin lowers stress, improves immune function, and speeds up the repair of physical injuries, even cuts. Wounds not only heal faster, but oxytocin reduces inflammation.

<u>Massage is a powerful oxytocin-raiser</u>. But even on a smaller and more casual scale, you can touch more and it will make a difference. Any touch that feels good raises oxytocin. Hold hands. Put your arms around your spouse. When you sit and talk, be in physical contact.

When you spend time with your children, make sure you touch and hug them. Raise their oxytocin level. Help them feel loved. When you go out to lunch with a friend, shake hands or do whatever you feel is appropriate to have some physical, friendly contact. It makes a difference.

Keep paying attention, and you'll find lots of opportunities throughout the day to touch and hold the ones you love.

Raise your oxytocin and you raise your mood — and the moods of everyone around you.

Nature 326, 711 - 713 (22 April 1987); doi:10.1038/326711a0

An inducible transcription factor activates expression of human immunodeficiency virus in T cells

GARY NABEL* & DAVID BALTIMORE

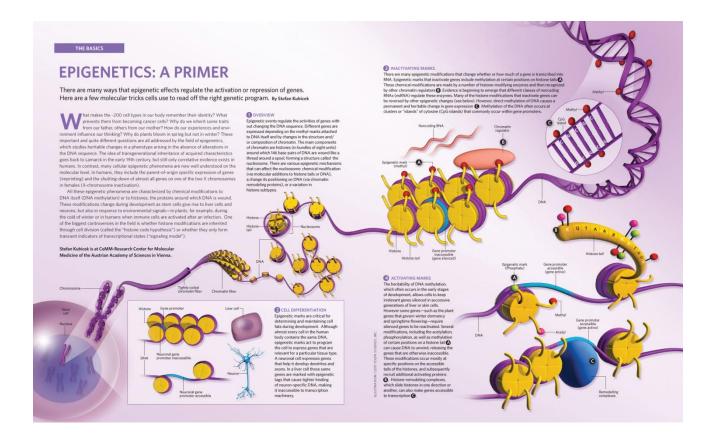
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Human immunodeficiency virus (HIV) production from latently infected T lymphocytes can be induced with compounds that activate the cells to secrete lymphokines^{1,2}. The elements in the HIV genome which control activation are not known but expression might be regulated through a variety of DNA elements. The *cis*-acting control elements of the viral genome are enhancer and promoter regions. The virus also encodes ^{trans}-acting factors specified by the *tat*-III (refs 3-6) and *art* genes⁷. We have examined whether products specific to activated T cells might stimulate viral transcription by binding to regions on viral DNA. Activation of T cells, which increases HIV expression up to 50-fold, correlated with induction of a DNA binding protein indistinguishable from a recognized transcription factor, called NF-κB (ref. 8), with binding sites in the viral enhancer. Mutation of these binding sites abolished inducibility. That NF-κB acts in synergy with the viral *tat*-III gene product to enhance HIV expression in T cells may have implications for the pathogenesis of AIDS (acquired immune deficiency syndrome).

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Russian Human Genome Project discovers Extraterrestrial abilities to modify DNA through a "biological internet"

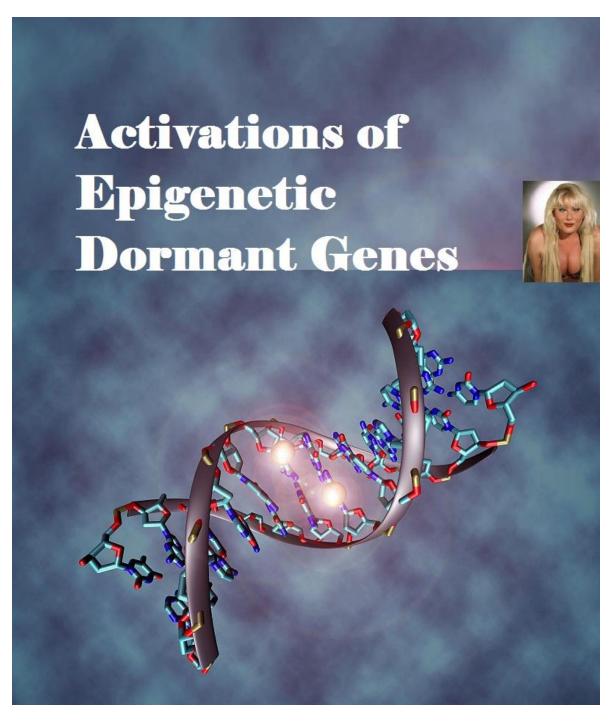
by Mary Rodwell [Excerpted]

Some recent Russian DNA discoveries documented by Grazyna Fosar and Franz Bludorf in their book Vernetzte Intelligenz have been summarised by Baerbel.
'The human DNA is a biological Internet' with evidence that DNA can be
'influenced and reprogrammed by words and frequencies.' This suggests
that 'our DNA is not only responsible for the construction of our body, but also serves as data storage
and communication.' The Russian scientists and linguists have found that the
genetic code 'follows the same rules as all our human languages.' In effect,
human language did not appear coincidentally but
is a reflection of our DNA.

The Russian researchers believe that 'Living chromosomes function just like a holographic computer using endogenous DNA laser radiation. This means that they managed to modulate certain frequency patterns (sound) onto a laser-like ray which influence DNA frequency and thus the genetic information itself. Since the basic structure of

DNA-alkaline pairs and language is of the same structure, no DNA decoding is necessary. One can simply use words and sentences of

the human language! This, too, was experimentally proven!' Of course the frequency has to be correct. But for the purposes of this



article, the Russian research shows how science now can demonstrate a way to reprogram DNA through language and frequencies.

"Experiencers" who manifest unusual languages, such as Rochelle (see the video Expressions of ET Contact: A Communication and Healing Blueprint?) call these 'soul languages'. Rochelle vocalises them when doing energy work and healing. Healing with sound and frequencies takes on a new meaning in this context. It could mean that Rochelle and others like her may well intuitively be able to change or reprogram DNA though such frequencies while healing. We already know that our subconscious is affected by subliminal frequencies and hypnosis, and the Russian research may have given us a scientific explanation why such techniques work so well. The question is whether the specific frequencies of these languages are designed to affect or reprogram our human DNA? This may well give us grounds for reviewing ancient texts in regards to our origins.

The Russian DNA research article coincidentally mentions the changes in our children in terms of group consciousness. They comment that 'if humans with full individuality would regain group consciousness they would have a godlike power to create, alter and shape things on Earth and humanity is collectively moving towards a group consciousness of a new kind.' They state that 'fifty percent of children will become a problem as soon as they go to school, since the system lumps everyone together and demands adjustment. But the individuality of today's children is so strong that they refuse this adjustment and resist giving up their idiosyncrasies. ... At the same time more and more clairvoyant children are being born. Something in those children is striving more towards group consciousness of a new kind and it can no longer be suppressed.'

Are the Russian researchers in fact referring to what is now called the ADD (attention deficit disorder) child? Unfortunately, because there is no funded global research it's hard to gain accurate statistics. But, if the process of labelling children as ADD is an indicator of this phenomenon, then we are indeed evolving at an astounding rate.

The global perspective and more pieces fit the puzzle: Science, anthropology, theology, archaeology and the kids.

This short article entitled `Learning to communicate with extraterrestrials: young children in India-China Himalaya use strange sign

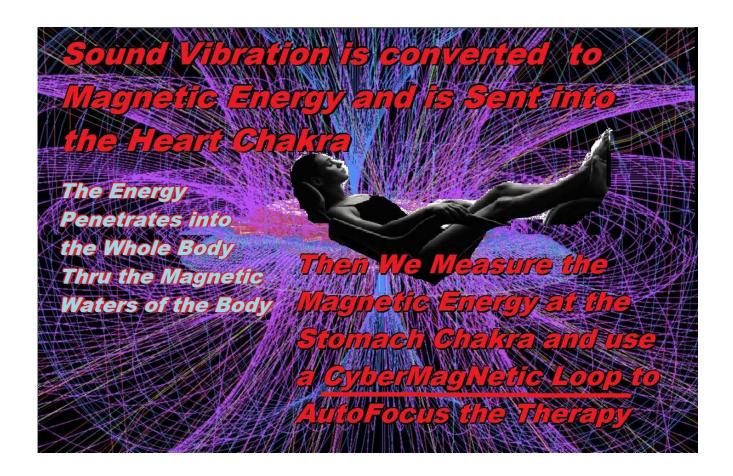
language' appeared on the website of *India Daily* (29 Jan 2005) by a staff reporter:

'In the deep region of Himalayas, people are reporting strange behaviours in children. The children are using sign languages which are unknown to their families and anyone around. Many of the children draw pictures of triangular objects flying in the sky. Many of them do not know what they saw and how they learnt these sign languages. Some in the region of Aksai Chin believe that these children regularly communicate with the extraterrestrials who are only visible to these children and communicate via telepathy. The children learn the sign language to communicate back to these beings. According to UFO research materials, some Mexican children also manifest similar behaviour, when many in the area reported for a long time UFO sightings. ... According to some teachers in the schools in that area, young children are extra agile and extra talented these days. Their problem solving skills have increased and they are much more disciplined. They continually use a strange sign language among themselves. However they cannot teach this language to adults! The locals in the area believe UFOs have been visiting the area for thousands of years. It stopped for a while and now it has started again.' (See: www.indiadaily.com)

Families have contacted me from all over the globe, not only from Australia, Europe, North and South America, but Asia and Russia, and all describe children advanced from the norm in psychological and physical development and with exceptional psychic abilities.

In Mexico City these same "New Humans" have begun to emerge, and it is said that over 1000 children are able to 'see' with various parts of their bodies. In some countries, government agencies interested in such children are actively researching the phenomenon. China has a program for investigating children with similar abilities, which is taken very seriously by the Chinese Government in Beijing. The book *China's Super Psychics* by Paul Dong and Thomas Raffill describes children with exceptional human functioning (EHF) who display similar patterns to Indigo or Starchildren. They, too, are very psychic and intuitive, for example some have the ability to open flower buds by thought alone. And like the Mexican children, many have shown an ability to see with other parts of their bodies. They display telekinetic abilities as well as other fascinating multi-dimensional skills,

article, the Russian research shows how science now can demonstrate a way to reprogram DNA through language and frequencies. such as sensing another's thoughts (telepathy). It has also been reported that the Chinese government has observed these children changing the human DNA molecule in a petri dish before cameras and scientific equipment to record this supposedly impossible feat. We have no evidence to prove that these abilities are the result of extraterrestrial interventions. But, given the fact that the Chinese government is very secretive, this may well be something they do not feel ready to share. However, I am told that the Chinese are extremely interested in the UFO phenomenon and take it very



seriously.

More pieces of the puzzle

Although I can't cover all my research in this article, I can give the reader some points to ponder. The late Francis Crick, Nobel Prize winner, co-discoverer of the shape of the DNA molecule and author of Life Itself, made the astounding claim 'that an advanced civilisation transported the seeds of life in a spacecraft'! One wonders what led him to such an incredible conclusion. References in religious and biblical texts certainly raise questions as to our real origins. Anthropology still can't explain how we changed or morphed so dramatically from Neanderthal to Homo sapiens and the missing link has not been discovered or explanations given on how the developmental gap was bridged. Biblical scholar, Zecheria Sitchin, author of the Earth Chronicles suggests such answers could lie in ancient religious texts, such as the Bible. According to Sitchen, the Bible is a condensed rendering of ancient Sumerian and Akkadian texts. From his research he believes that Homo sapiens was a "genetic upgrade" of existing hominids which was undertaken by extraterrestrial beings called the Nephilim who came to Earth 450,000 years ago.

Indigenous tribes worldwide have within their oral history that they are visited by sky beings and are being genetically upgraded. The Dogan tribe (African Mali Tribe) call the star visitors the Nummo, an alien species which came from Sirius and genetically upgraded humans when they came to Earth. The Aborigines of Australia also talk of the sky beings Wandjina, who made them and gave them laws to live by.

For those who seek to explore, there are many such anomalies in archaeological, anthropological, religious and spiritual texts that must guide the thinking person to question what we are educated to believe in terms of our origins and genetic heritage. But, the most compelling evidence comes from the testimony of children, many of them not old enough to read. It's information so profound one has to wonder how and where they obtained it.

Mike Oram ("experiencer") resides in the United Kingdom. He told me that he was only 4 years old when he told his mother that there was no such thing as death. His mother disagreed, but Mike said 'the Universe goes on for eternity and it's not true that we no longer play a part in the Universe. We come back.' 'I was too young to know the word reincarnation', he said. 'I then shocked her by saying "You are not my real parents, my parents are in space, and something of incredible importance will happen in this planet and it will affect all levels of consciousness, it will not happen in your life time but it will in mine." My poor mother never forgot that conversation' (Mike Oram).

Colin Wilson in Alien Dawn (1998) wrote that not long before Andrija Puharich's death he asked him what he was working on.

'Paranormal children', he said: 'You wouldn't believe how many of these kids are out there, they seem to be at genius level. I know dozens, and there are probably thousands.' Wilson concludes, 'And this, I suspect is the beginning of the change that the UFOs are working on' (p.309).

Unfortunately many such phenomena are only recognised through a particular discipline's limited field of study, and this sadly narrows the perspective. There is no doubt that, for some, the extraterrestrial hypothesis is a hard one to swallow. But even if (for now) we interpret this data from a desire to understand why we may be evolving so rapidly, as this research suggests, we need to be open to all possibilities. Even if the puzzle is just perceived as another way of understanding ourselves, the question remains that, if we are evolving at an accelerated rate than cannot be explained in normal evolutionary terms, how and why is it happening?

Are "starchildren", "New Humans", Indigos and smart kids, etc., one and the same phenomenon? If they are, then the extraterrestrial hypothesis makes more sense. After all, it is ludicrous for the thinking person to believe we are the only intelligent life in the universe, given the vastness of space. And it is logical to believe that some of those other life forms may have evolved sufficiently to be able to visit us, even if how they travel here may be beyond our current scientific understanding.

The hypothesis of extraterrestrial reality is not only possible but also probable and explains many anomalies in our origins, our mythology and religions. Certainly, if what experiencers and indigenous people tell us is true, we have a very intimate and on-going relationship with the visitors, in addition to a common gene pool. This would certainly explain their continuing interest and participation in our evolutionary development.

The primitive and aggressive nature of *Homo sapiens*, armed with technology to destroy not only each other but our beautiful planet, may well be why these ET ancestors have decided to accelerate humanity's evolutionary upgrade program. A "New Human" with multi- level awareness of our cosmic connection to all that is, may well be the only way we will finally appreciate what we have, change our behaviour, and grow up to take full responsibility for ourselves and this beautiful planet.

The star children could be an integral part of this wakeup call and it may be that through them we are being led to an understanding of this profound connection.

'Human beings are here to remember themselves, with conscious awareness and with complete understanding of their innate connection to the Universe.' — T. Taylor.

If quantum theory is correct, science can't disagree that we are indeed connected to everything, including our extraterrestrial visitors!

'To them we are the aliens!' — Jess, (8 years old, Western Australia). What can I say: 'Out of the mouths of babes!'

Make comments about this article in The Canadian Blog.

About the author:

Mary Rodwell, RN, former nurse and midwife. Counsellor and hypnotherapist, metaphysician. Principal of ACERN (Australian Close Encounter Resource Network), Perth, Western Australia. Mary has travelled widely, visiting the USA and UK as an international speaker. Author of Awakening: How Extraterrestrial Contact Can Transform Your Life (2002). Producer of EBE award winning documentaries: Expressions of ET Contact: A Visual Blueprint? (2000) and Expressions of ET Contact: A Communication and Healing Blueprint? (2004). Produced by ACERN. Web address www.acern.com.au and www.maryrodwell.com, E-mail: Starline@iinet.net.au.

To date over 1200 people have contacted ACERN, nationally and internationally. ACERN is a professional counselling resource that explores all anomalous experiences as well as speaking to professional traditional agencies about these matters and contact reality. Mary's research explores both the physical and metaphysical implications of contact. This research has demonstrated that for most individuals contact can be a transformative/spiritual experience, where individuals, such as those termed Star Children, become more aware of their multi-dimensional nature. Mary is vice-president of the Star Child Project, which seeks to research and support Star Children and their families.

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